

International Diabetes Center COMMUNITY IMPACT

INTERNATIONAL DIABETES CENTER

provides world-class diabetes care, education, publications and research to help people live well with diabetes. We focus on translating new research findings into clinical practice and discovering innovative ways to use technology to improve diabetes care.

HIGHLIGHTS

International Diabetes Center is taking a leading role in developing technology to standardize blood glucose reporting. The new software solution offers a more effective way to analyze blood glucose data, which could lead to better decision making and improved doctor-patient communication. The work is funded by a grant from the Leona M. and Harry B. Helmsley Charitable Trust.

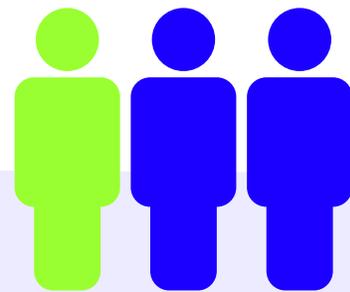
To help patients better manage their diabetes, certified diabetes educators from International Diabetes Center are working at seven Park Nicollet Clinic locations. They help patients improve their blood glucose, cholesterol levels and blood pressure, and encourage smoking cessation and daily aspirin use. They also have enabled patients to overcome barriers to care by identifying community resources available for those who need assistance.

Betty Crocker and International Diabetes Center joined forces again on the second edition of the best-selling *Betty Crocker Diabetes Cookbook*. Our own Rich Bergenstal, MD, and Diane Reader, RD, CDE, provided diabetes education and tips throughout the cookbook.

DONORS MAKE IT HAPPEN

Gifts from our donors help us provide transformational care. Contributions support:

- Continued clinical research to guide the development of effective treatment protocols and patient care models
- State-of-the art technology for our patients
- Expanded diabetes professional education so clinicians can incorporate new findings into practice
- Successful, personalized diabetes management programs for our patients, to close the gap between learning about and living well with diabetes



One in three adults in Minnesota has diabetes or pre-diabetes, according to Minnesota Department of Health.