Hospital Medicine Update

February 7–8, 2013

Location

Naegele Auditorium
Park Nicollet Clinic–St. Louis Park
3800 Park Nicollet Boulevard
St. Louis Park, Minn.
(View map and directions)

Audience

This program is designed for primary care physicians, physician assistants and nurse practitioners. Nurses and other members of the care team may also find it beneficial.

Description

Increased specialization and rapid advances in hospital medicine make it difficult for hospitalists, internists, family physicians and others who provide inpatient care to stay updated on new procedures, treatments and medication protocols.

Hospital Medicine Update will help physicians maintain and acquire practical knowledge and skills for treating cardiac, obstetric and diabetic emergencies as well as viral infections, respiratory failure and GI issues. This conference will provide the latest evidence-based guidelines and best strategies for diagnosing and treating conditions such as C. difficile, sepsis, chest pain and pneumonia.

Credit hours

Maximum of 13.0 *AMA PRA Category 1 Credits™.*

Application for CME credit has been filed with the American Academy of Family Physicians.
Determination of credit is pending.

Cost

See printable registration form

Please contact us with questions or to register

Phone: 952-993-3531
Toll-free: 1-888-786-3119
Fax: 952-993-3033
E-mail: mailto:cme@parknicollet.com

Agenda
Thursday, February 7, 2013

Morning sessions focusing on inpatient diabetes management

7 a.m. **Registration and continental breakfast**

7:50 **Welcome and announcements**

8:00 **Inpatient Diabetes Care Today**
TBA

8:45 **Medical Nutrition Therapy for the Inpatient**
Nancy Waldbillig RD, LD, CDE

9:15 **Role of the Inpatient Pharmacist in Diabetes Management**
Anne Schullo-Feulner, PharmD, BCPS

9:45 **Refreshment Break**

10:00 **Management of Hyperglycemia in the Hospital**
Bethany Grommesh, MD

11:00 **Discharge Planning for the Diabetes Patient**
Mamie Lausch, MS, RD, RN, CDE

11:45 **Lunch**

General hospital medicine topics

12:30 p.m. **Management of Steroid Induced Hyperglycemia**
Bethany Grommesh, MD

1:00 **Stroke Management**
Angela Caszatt, DO
• Diagnosis
• Initial management
• Primary and secondary prevention

1:30 **Management of Sepsis Syndrome**
Lisa Bolin, MD

2:00 **Wound Evaluation and Management in 2013:**
The wound is attached to the patient
Pamela Cole, MSPT, CWS and *M. Mark Melin, MD*
• Describe patient and wound evaluation
• Describe patient and wound treatment options
• Describe why wounds fail to respond

2:30 **Refreshment break**

3:00 **Diarrhea and Clostridium Difficile**
George Logan, MD
• Diagnosis of severe disease
• Therapy
• Treatment of relapse
• Intestinal microbiota transplant
• Role of PPIs

3:30 **Common Misses on Plain Films**
Scott Schoshinski, DO

4:00 **Adjourn**

Agenda
Friday, February 8, 2013

7:15 a.m. **Registration and continental breakfast**

7:50 **Welcome and announcements**

8:00 **Noninvasive Ventilation: Just because we can doesn't mean we should**
Sue Ravenscraft, MD
• Evidence-based utilization
• Contraindications
• DNR: When and how to stop

8:30 **GI Around the Edges: Emerging uses for your GI consultant**
Jake Matlock, MD
• Imaging the pancreas and biliary tree: MR, EUS, and ERCP
• The first person to eat lobster: Fecal bacteriotherapy in refractory C. Diff
• Violating the first rule of endoscopy: Making (and Closing!) holes in the GI tract

9:00 **Duration of Treatments**
Mark Sannes, MD

9:30 **Removable Filters for Deep Vein Thrombosis**
TBA
• When to call Interventional Radiology
• TPA vs. IR

10:00 **Refreshment break**

10:30 **New Anticoagulants**
Bruce Burnett, MD
• Indications and patient selection
• Periprocedural management
• Managing bleeding complications

11:00 **Evaluating Chest Pain**
David Homans, MD
• Patients with known coronary artery disease
• Patients with high probability of coronary artery disease
• Complex patients with comorbidities

11:30 **Acid-Base Issues**
Abel Tello, MD
• Permissive hypercapnea
• Lactic acidosis
• Alkalosis

Noon **Lunch**

1 p.m. **Transfusion Issues**
Dylan Zylla, MD
• When to order platelets
• Indications for irradiated or leukocyte-poor blood
• Adverse reactions
• Transfusion-related acute lung injury (TRALI)

1:30 **Breakout Session One.** Each session will be repeated at 2:15 p.m.
Please indicate your choice on the registration form.

A. Pain Management
Thomas Klemond, MD

B. Unusual Causes of Pneumonia
Nicolette Myers, MD

C. EKGs
Kristopher Krueger, MD

D. Transitions in Care
Kristina Balck, MD

2:15 **Breakout Session Two.** Repeat of Session One.
Please indicate your choice on the registration form.

3:00 **Refreshment break**

3:30 **Appropriate Use of Laboratory Tests**
TBA
• What really matters

4:00 **Hospitalist Concerns Related to Pregnant Women**
Thomas McNanley, MD
• Chest pain
• Dipsia
• Imaging issues

4:30 **Adjourn**

Faculty

Park Nicollet Health Services faculty

Lisa Bolin, MD
Pulmonary, Sleep and Critical Care
Park Nicollet Clinic

Kristina Balck, MD
Hospitalist Program
Park Nicollet Methodist Hospital

Bruce Burnett, MD
Internal Medicine
Anticoagulation Clinic
Park Nicollet Clinic

Angela Caszatt, DO
Hospitalist Program
Park Nicollet Methodist Hospital

Bethany Grommesh, MD
Internal Medicine
Hospitalist Program
Park Nicollet Methodist Hospital

David Homans, MD
Cardiology
Park Nicollet Heart and Vascular Center

Thomas Klemond, MD
Palliative Care
Park Nicollet Methodist Hospital

Kristopher Krueger, MD
Cardiology
Park Nicollet Heart and Vascular Center

George Logan, MD
Gastroenterology
Heart And Vascular Center

M. Mark Melin, MD
Vascular Surgery
Park Nicollet Heart and Vascular Center

Nicolette Myers, MD
Pulmonary, Sleep and Critical Care
Park Nicollet Clinic

Mark Sannes, MD
Infectious Disease
Park Nicollet Clinic

Sue Ravenscraft, MD
Pulmonary, Sleep and Critical Care
Park Nicollet Clinic

Abel Tello, MD
Nephrology
Park Nicollet Clinic

Dylan Zylla, MD
Oncology
Frauenshuh Cancer Center

Planning committee

Nima Desai, MD *Conference Chair* Hospitalist Program Park Nicollet Methodist Hospital	**Gregg Simonson, PhD** International Diabetes Center at Park Nicollet
Kristina Balck, MD Hospitalist Program Park Nicollet Methodist Hospital	**Jeremy Springer, MD** Family Medicine Park Nicollet Clinic
Joan Kovacovich, MD Hospitalist Program Park Nicollet Methodist Hospital	**Christine Bloom, MPH** Office of Continuing Medical Education Park Nicollet Institute
Nicolette Myers, MD Pulmonary, Sleep and Critical Care Park Nicollet Clinic	**Taylor Showalter** Office of Continuing Medical Education Park Nicollet Institute

Program overview

Increased specialization and rapid advances in hospital medicine make it difficult for hospitalists, internists, family physicians and others who provide inpatient care to stay updated on new procedures, treatments and medication protocols.

Hospital Medicine Update will help physicians maintain and acquire practical knowledge and skills for treating cardiac, obstetric and diabetic emergencies as well as viral infections, respiratory failure and GI issues. This conference will provide the latest evidence-based guidelines and best strategies for diagnosing and treating conditions such as C. difficile, sepsis, chest pain and pneumonia.

Conference format

The conference format includes lectures, case presentations, small-group discussion and question-and-answer periods. Thursday morning sessions will focus on inpatient diabetes management. This section will provide the latest evidence-based guidelines and strategies to manage hyperglycemia, medication, food intake and transition of care for hospitalized patients with diabetes. To encourage participation and active learning, the conference will use an interactive audience response system (ARS).

Educational objectives

Following this course, participants will be able to:

- Discuss diagnostic and therapeutic advances in hospital medicine, including imaging evaluation
- Apply strategies for diagnosing and managing common conditions, such as C. difficile, acid-base issues, pneumonia, chest pain, wounds, sepsis and diabetes, in the inpatient setting
- Recognize symptoms in critically ill or complex hospitalized patients, which require consultation with a specialist
- Follow treatment protocols for anticoagulation, transfusion,
- pain management and transition of care

Accreditation

Park Nicollet Institute is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, Park Nicollet Institute, designates this live activity for a maximum of 13.0 *AMA PRA Category 1 Credit(s)™.* Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME has been filed with the American Academy of Family Physicians.
Determination of credit is pending.

Cancellation and refund policy

Substitutions are accepted at any time. If you cancel your registration at any time up to the start of the conference, there will be an administrative charge of $50. No refunds are given after the conference has started.

All continuing medical education activities are subject to cancellation. In the event that this conference would have to be cancelled, the Office of Continuing Medical Education, Park Nicollet Institute, is not responsible for any airfare, hotel or other costs incurred by participants.

Course location and facility

This conference will be held in the Naegele Auditorium on the seventh floor of Park Nicollet Clinic at 3800 Park Nicollet Blvd., St. Louis Park, Minnesota, conveniently located at the northeast intersection of Highway 100 and Excelsior Blvd. Follow the signs off Excelsior Blvd. to park in the free parking ramp.

For more detailed directions, call the Office of Continuing Medical Education at 952-993-3531. A map will be sent with your confirmation letter.

Please note that because our conference facilities are not equipped for infants and children, we ask that you make arrangements for childcare.

Hotel arrangements

If necessary, you may make arrangements at any of these conveniently located hotels:

Hotel Sofitel
5601 West 78th Street
1-800-876-6303
(5 miles south of Clinic at intersections of Hwys 494 & 100)

DoubleTree by Hilton Bloomington Minneapolis South
7800 Normandale Blvd.
952-835-7800
(5 miles south of Clinic at intersection of Hwys. 494 & 100)

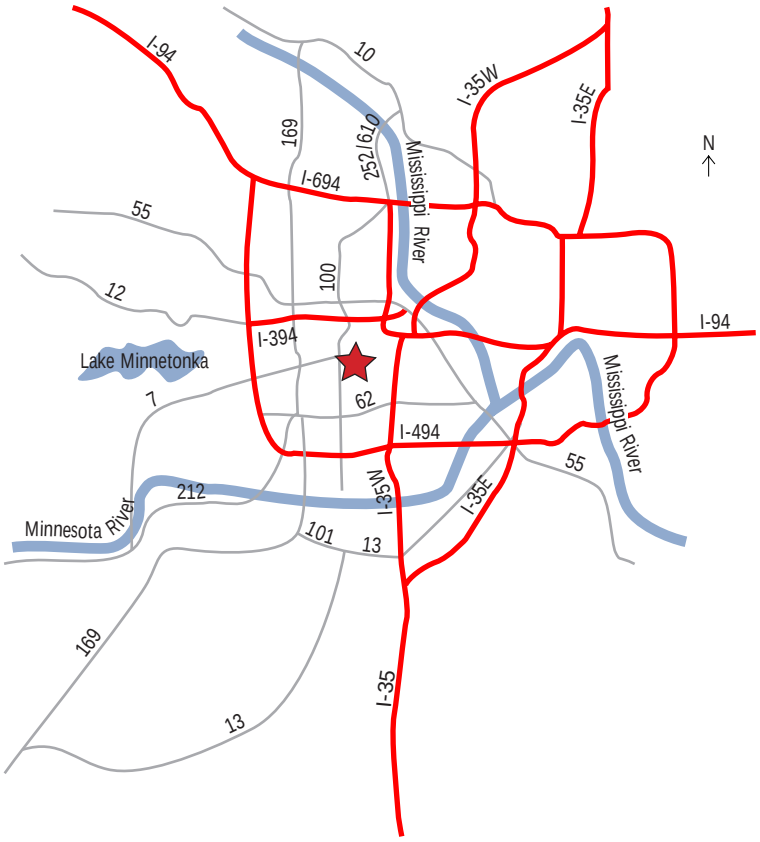
DoubleTree Park Place Hotel
1500 Park Place Blvd.
1-800-222-8733
(3 miles northwest of Clinic at intersection of Hwys. 394 & 100)

View map and directions

Naegele Auditorium
Park Nicollet Clinic
3800 Park Nicollet Blvd.
St. Louis Park, Minn.

Download printable map in Adobe Acrobat

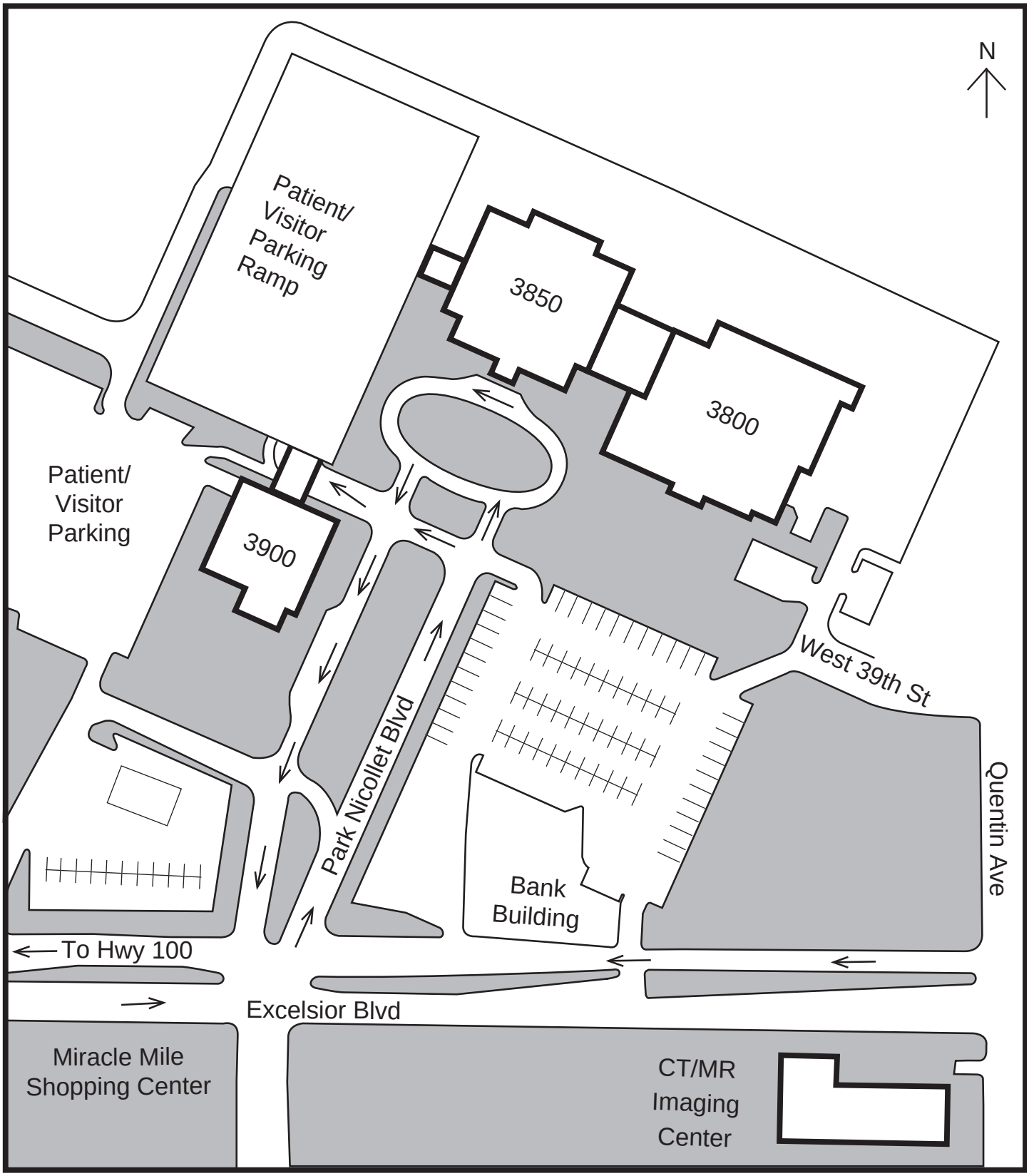
Park Nicollet Clinic—St . Louis Park



Hwy. 100 to Excelsior Blvd.; east to Park Nicollet Blvd. (across from Miracle Mile Shopping Center). Turn left into clinic and follow signs, going straight and then left to parking ramp. Parking is free. or,
Hwy 169 to Excelsior Blvd.; east about three miles to Park Nicollet Blvd. Turn left into clinic and follow signs, going straight and then left to parking ramp. Parking is free.

3800 Park Nicollet Blvd.
St. Louis Park, MN 55416
952-993-3123 (General Information)

Park Nicollet Clinic—St . Louis Park



REGISTRATION

Hospital Medicine Update
Thursday and Friday, February 7–8, 2013

Register online
parknicollet.com/cme

Mail
Continuing Medical Education
Park Nicollet Institute
3800 Park Nicollet Blvd.
St. Louis Park, MN 55416

Phone
952-993-3531 or
888-786-3119

Fax
952-993-3033

Name _____
(including degree, as you want it to appear on your name badge)

Organization _____

Address _____

City _____ State _____ ZIP _____

Business phone _____ Fax _____

Email address_____

☐ Check here if you prefer not to receive Park Nicollet professional education program and product announcements via email.

If you have any special needs or dietary requests, call 952-993-3531 or 888-786-3119.

Breakout sessions *Write in the letters (A, B, C or D) of the breakout sessions you would like to attend.*

Session One: 1:30 p.m. _____ Session Two: 2:15 p.m. _____

Tuition *(Includes electronic syllabus, refreshment breaks and lunch. A printed syllabus can be added for $40.) Circle amount paid.*

	Physicians	Other professionals/ Retirees/Residents
Thursday only	$205	$170
Friday only	$205	$170
Thursday and Friday *(including* workshop*)*	$365	$300
Printed syllabus	$40	$40

Payment Method

☐ Check—Make payable to Park Nicollet Institute.

☐ Credit card—Fax or phone your registration with credit card number or provide online at our website.

☐ Visa ☐ MasterCard ☐ Discover ☐ American Express

Card number _____ Exp. date _____

Cardholder signature _____