Park Nicollet Institute

New and Old Drugs: Best Choices

Advances in medical management of common conditions in primary care

Thursday and Friday
May 15 and 16, 2014

HealthPartners and Park Nicollet CME teams combine!

The HealthPartners and Park Nicollet education teams have been working in 2013 to combine the Continuing Medical Education (CME) programs and operate under a single accreditation from the Accreditation Council for Continuing Medical Education. This combination will allow us to provide innovative continuing education programming that builds upon the best practices of each team to improve patient care, safety, processes and systems. We look forward to seeing you in 2014!

Location

Minneapolis Marriott Southwest
5801 Opus Parkway
Minnetonka, MN
(View map and directions)

Audience

This program is designed for primary care physicians, physician assistants and nurse practitioners. Nurses and other members of the care team may also find it beneficial.

Description

Four out of every five U.S. adults use prescription medications, over-the-counter drugs or dietary supplements in any given week, estimates the Institute of Medicine. In addition, nearly one-third of adults take five or more medications. As the use and cost of prescription drugs has increased, so too have medication errors and the costs of these errors. To identify strategies for appropriately using prescription medications and providing cost-effective therapies, primary care clinicians need to stay current on the risks, benefits, side effects and interactions of prescription medications, over-the-counter drugs and dietary supplements.

With up-to-date clinical information and knowledge of current practice guidelines, prescribing clinicians have the potential to lower medication errors, reduce use of ineffective drug therapies, improve overall patient outcomes and lower costs. This conference will provide primary care clinicians a comprehensive review of medications for treating ADD and ADHD, hepatitis C, diabetes, pediatric asthma, chronic pain, overactive bladder, Alzheimer's disease and clotting conditions.

Credit hours

Maximum of 10.75 *AMA PRA Category 1 Credits™.*

Application for CME credit has been filed with the American Academy of Family Physicians.
Determination of credit is pending.

Cost

See printable registration form | Register online

Please contact us with questions or to register.

Phone: 952-993-3531
Toll-free: 1-888-786-3119
Fax: 952-993-3033
E-mail: mailto:cme@parknicollet.com

Agenda

Thursday, May 15, 2014

9 a.m. **Registration and continental breakfast**

9:50 **Welcome and announcements**

10:00 **New Anticoagulants**
Bruce Burnett, MD
- Dabigatran etexilate (PRADAXA®), rivaroxaban (XARELTO®) and apixaban (ELIQUIS®)
- Patient and drug selection
- How to monitor effects

10:45 **Anticoagulation Transitions**
Colleen Morton, MB, BCh
- Bridging and periprocedural management
- Transitioning from one agent to another

11:15 **Stump the Pharmacist**
Questions submitted by conference participants

11:30 **Concentrating on ADD and ADHD in Adults**
David Wilkins, DO
- Evaluation and diagnosis
- Selecting and monitoring medication

Noon **Lunch**

1 p.m. **Pediatric Asthma**
Pamela Harris, MD
- Inhaler technique
- Challenges with steroid use
- Medication compliance

1:30 **Vaccine Update**
Barbara Ottis, RN
- Best immunization resources: Keeping up with changes and helping parents/patients accept immunizations
- When not to vaccinate: Following true contraindications
- What's new?

2:00 **Hepatitis C Update**
Ann Kools, MD
- New CDC screening recommendations: What's the rationale?
- Current and future treatments

2:30 **Chronic Pain Management**
Joel Carter, MD
- Golden oldies vs. new medications
- Latest recommendations for narcotic prescribing

3:00 **Refreshment break**

3:30 **Side Effects in the News**
Alison Knutson, PharmD, BCACP
- News "snippets" on TV, print or doctor shows
- Accuracy vs. the real evidence on use and side effects

4:00 **Statins and LDL Cholesterol**
Phillip Kofron, MD
- New ACC/AHA cholesterol treatment guidelines
- Implications for lipid management

4:30 **Adjourn**

Friday, May 16, 2014

7:15 a.m. **Registration and continental breakfast**

7:50 **Welcome and announcements**

8:00 **The Latest Truth in Atrial Fibrillation**
Jay Simonson, MD
- Who should and shouldn't be anticoagulated?
- What about WATCHMAN™ and LARIAT™?
- Who to rate control? Who to rhythm control?

8:30 **After the Stenting**
J. Mark Haugland, MD
- Managing atrial fibrillation or noncardiac surgery
- Which antiplatelet drug
- Triple therapy

9:00 **Stump the Pharmacist**
- Questions submitted by conference participants

9:15 **1-800-222-1222**
Jill Topeff, PharmD, CSPI
- Trends in drug overdoses
- Latest recreational drugs

9:45 **Quick Consults**
1. Pulmonary Hypertension—*Charles Pinkerman, DO*
2. Drug Trends, Generics and Biosimilars—*Richard Bruzek, PharmD*
3. Airplane Emergencies—*Jeremy Springer, MD*

10:30 **Refreshment break**

11:00 **Hitting the Sweet Spot in Type 2 Diabetes Management**
Gregg Simonson, PhD
- Options when metformin and MNT are not enough
- Selecting medication based on patient and glycemic factors
- Sodium-glucose cotransporter 2 (SGLT2) inhibitors

11:30 **Male Hypogonadism: Testosterone Treatment in Men**
Kristin Christiansen, MD

- Who should be on testosterone?
- Dosing and side effects
- Long-term safety concerns

Noon **Lunch**

1 p.m. **Crisis in the Wilderness**
George Logan, MD

- Planning your trip from a medical viewpoint
- Most serious vs. most common medical problems
- Key gear and medications to put in your backpack

1:30 **Clearing the Air about E-Cigarettes**
A. Stuart Hanson, MD

- Better or worse than cigarettes?
- Tobacco cessation aid?
- "Tobacco 21" laws

1:50 **What to Remember about Alzheimer's Disease**
Susan Czapiewski, MD

- Behavioral management
- Drugs to use or avoid

2:20 **Refreshment break**

2:50 **Supplementing Your Knowledge**
Jacqueline Barber, PharmD

- Who's using what?
- What do we need to know?
- Safety concerns and interactions

3:20 **Drying Up Overactive Bladder**
Elizabeth Frankman, MD

- OnabotulinumtoxinA (BOTOX®) and mirabegron (Myrbetriq®)
- Can physical therapy help?

3:50 **Adjourn**

Faculty

Park Nicollet Health Services faculty

Jacqueline Barber, PharmD
Pharmacy
Park Nicollet Methodist Hospital

Bruce Burnett, MD
Internal Medicine
Anticoagulation Clinic
Park Nicollet Clinic

Joel Carter, MD
Palliative Medicine and Community Care
Park Nicollet Methodist Hospital

Kristin Christiansen, MD
Sexual Health
Park Nicollet Clinic

Elizabeth Frankman, MD
Urogynecology
Park Nicollet Methodist Hospital

A. Stuart Hanson, MD
Pulmonary and Critical Care Medicine—Retired
Park Nicollet Clinic

Pamela Harris, MD
Asthma & Allergic Diseases
Park Nicollet Clinic

J. Mark Haugland, MD
Cardiology
Park Nicollet Heart and Vascular Center

Alison Knutson, PharmD,BCACP
Pharmacy
Park Nicollet Clinic

Phillip Kofron, MD
Cardiology
Park Nicollet Heart and Vascular Center

Ann Kools, MD
Gastroenterology
Park Nicollet Digestive Center

George Logan, MD
Gastroenterology
Park Nicollet Digestive Center

Barbara Ottis, RN
Infection Control and Prevention Service
Park Nicollet Clinic

Charles Pinkerman, DO
Cardiology
Park Nicollet Heart and Vascular Center

Gregg Simonson, PhD
International Diabetes Center at Park Nicollet

Jay Simonson, MD
Electrophysiology
Park Nicollet Heart and Vascular Center

Jeremy Springer, MD
Family Medicine
Park Nicollet Clinic

David Wilkins, DO
Family Medicine
Park Nicollet Clinic

Guest faculty

Richard Bruzek, PharmD
Pharmacy
HealthPartners

Colleen Morton, MB, BCh
Oncology & Hematology
HealthPartners

Susan Czapiewski, MD
Psychiatry
Minneapolis Veterans Affairs

Jill Topeff, PharmD, CSPI
Pharmacy
Hennepin County Medical Center

Planning committee

Michael Dukinfield, MD
Conference Chair
Family Medicine
Park Nicollet Clinic

George Strauss, MD
Cardiology
Park Nicollet Heart and Vascular Center

Samuel Dardick, MD
Internal Medicine
Park Nicollet Clinic

Christine Bloom, MPH
Office of Continuing Medical Education
Park Nicollet Institute

Ronald Kitzmann, RPh, MBA
Pharmacy
Park Nicollet Methodist Hospital

Taylor Powell
Office of Continuing Medical Education
Park Nicollet Institute

Alison Knutson, PharmD, BCACP
Pharmacy
Park Nicollet Clinic

Program overview

Four out of every five U.S. adults use prescription medications, over-the-counter drugs or dietary supplements in any given week, estimates the Institute of Medicine. In addition, nearly one-third of adults take five or more medications. As the use and cost of prescription drugs has increased, so too have medication errors and the costs of these errors. To identify strategies for appropriately using prescription medications and providing cost-effective therapies, primary care clinicians need to stay current on the risks, benefits, side effects and interactions of prescription medications, over-the-counter drugs and dietary supplements.

With up-to-date clinical information and knowledge of current practice guidelines, prescribing clinicians have the potential to lower medication errors, reduce use of ineffective drug therapies, improve overall patient outcomes and lower costs. This conference will provide primary care clinicians a comprehensive review of medications for treating ADD and ADHD, hepatitis C, diabetes, pediatric asthma, chronic pain, overactive bladder, Alzheimer's disease and clotting conditions.

Conference format

New and Old Drugs: Best Choices will use short lectures, cases and question-and-answer time to provide primary care clinicians a comprehensive review of medications to treat common medical conditions. To encourage participation and active learning, the conference uses an interactive audience response system (ARS).

Educational objectives

- Following this course, participants will be able to:
- Discuss and evaluate current and new medication choices for common medical problems, such as cardiac conditions, diabetes, pediatric asthma and chronic pain
- Formulate strategies for identifying the benefits, risks and side effects of new and old drug therapies, supplements and their appropriate use
- Prescribe cost-effective treatment options for common medical problems

Accreditation

Park Nicollet Institute is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, Park Nicollet Institute, designates this live activity for a maximum of 10.75 *AMA PRA Category 1 Credit(s)™.* Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

Cancellation and refund policy

Substitutions are accepted at any time. If you cancel your registration at any time up to the start of the conference, there will be an administrative charge of $50. No refunds are given after the conference has started.

All continuing medical education activities are subject to cancellation. In the event that this conference would have to be cancelled, the Office of Continuing Medical Education, Park Nicollet Institute, is not responsible for any airfare, hotel or other costs incurred by participants.

Course location and facility

Minneapolis Marriott Southwest
5801 Opus Parkway
Minnetonka, MN 55343

This hotel is located 12 miles southwest of downtown Minneapolis, off Highway 169 and Bren Road. Contact the hotel directly at 952-935-5500 or toll-free at 888-887-1681 for more detailed directions. A map will be sent with your confirmation letter.

Please note that because our conference facilities are not equipped for infants and children, we ask that you make arrangements for childcare.

Hotel arrangements

A block of rooms has been reserved through April 23, 2014 for conference registrants. Call the Minneapolis Marriott Southwest directly at 888-887-1681 (toll-free) and indicate you are attending the "New and Old Drugs" conference sponsored by Park Nicollet Institute.

REGISTRATION

New and Old Drugs: Best Choices
Thursday and Friday, May 15 and 16, 2014

Register online
parknicollet.com/cme

Mail
Continuing Medical Education
Park Nicollet Institute
3800 Park Nicollet Blvd.
St. Louis Park, MN 55416

Phone
952-993-3531 or
888-786-3119

Fax
952-993-3033

Name _____
(including degree, as you want it to appear on your name badge)

Organization _____

Address _____

City _____ State _____ ZIP _____

Business phone _____ Fax _____

E-mail address _____

☐ Check here if you prefer not to receive Park Nicollet professional education program and product announcements via email.

If you have any special needs or dietary requests, call 952-993-3531 or 888-786-3119.

Tuition *(Includes electronic syllabus, refreshment breaks and lunch. A printed syllabus can be added for $40.) Circle amount paid.*

	Physicians	Other professionals/ Retirees/Residents
Thursday only	$165	$140
Friday only	$185	$155
Thursday and Friday	$310	$255
Printed syllabus (*optional*)	$40	$40

Payment method

☐ Check—Make payable to Park Nicollet Institute.

☐ Credit card—Fax or phone your registration with credit card number or provide online at our website: parknicollet.com/cme

Charge credit card: ☐ Visa ☐ MasterCard ☐ Discover ☐ American Express

Card number _____ Exp. date _____

Cardholder signature _____