



Park Nicollet

Park Nicollet Institute

MAKING A DIFFERENCE

innovation 2001

[Home](#) | [About Us](#) | [Research](#) | [Education](#) | [Publications](#) | [Partners In Innovation](#) | [Store](#)



**Innovation 2001
Annual Report**

- ▶ [Letter from the President](#)
- ▶ [Milestones](#)
- ▶ [Mission/Vision](#)
- ▶ [Research Highlights](#)
- ▶ [Research Studies](#)
- ▶ [Education Highlights](#)
- ▶ [Professional Education](#)
- ▶ [Innovation Highlights](#)
- ▶ [Publications](#)
- ▶ [Partners in Innovation](#)
- ▶ [Individual and Community Donors](#)
- ▶ [Financial Highlights](#)
- ▶ [Board of Directors](#)
- ▶ [Print Annual Report](#)

Letter from the president

Most of us who work in health care live each day trying to make a difference. In this changing world and in the evolving health care environment, it seems the only constant is change. In such a world, how do we know we're making a difference?

Looking back over the Institute's work in 2001, I am struck by how critically important it is that we continue to test our health belief models. Our Oncology Research Program, in studying post-surgical quality of life, found that women who underwent breast reconstruction seemed less well-adapted to life after cancer surgery. Study results contradicted prevailing ideas, including my own, about reconstructive surgery. Without such studies, inaccurate concepts would persist.

Training teams and building capacity to change the way diabetes is managed across an organization such as ours was a big task in 2001. With outstanding effort and dedicated resources, Staged Diabetes Management was adopted as the standard of care in Park Nicollet primary care departments. All evidence to date indicates that we truly are making a difference in diabetes care for patients at home, nationally and internationally.

Institute Board of Directors Chair Jean Harris, MD, died in December after living with lung cancer for several years. She continued her community service as Mayor of Eden Prairie and as our board chair until the end. She made a difference in everything she did during her exemplary life. A lifelong nonsmoker, she attributed her cancer and her early death to the effects of second-hand smoke exposure as a child at home and as an adult at work. Jean Harris's recorded testimonials live on to make a difference in the battle to reduce tobacco's effect on our populations.

As I leave the presidency of Park Nicollet Institute, I want to thank all the staff and volunteers who have contributed to the Institute's success over the years. We have grown from a small nonprofit with a half-time secretary and a collection of volunteer



A. Stuart Hanson, MD
**2001 Educator
of the Year**

**Past Educators
of the Year**

physicians, to a formidable, capable and influential organization. The Institute is an integral and essential part of Park Nicollet Health Services, and is a recognized change agent all over the world.

I will miss the associations I have had with so many dedicated people, and I will continue to contribute any way I can.

The Institute's future will be challenging, and, I predict, very rewarding.



A. Stuart Hanson, MD
President and Chief Executive Officer
Park Nicollet Institute

[Back to top](#)

Park Nicollet Health Services

[Methodist Hospital](#) | [Park Nicollet Clinic](#) | [Park Nicollet Foundation](#) | [Park Nicollet Institute](#)

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Park Nicollet

Park Nicollet Institute

MAKING A DIFFERENCE

innovation 2001

[Home](#) | [About Us](#) | [Research](#) | [Education](#) | [Publications](#) | [Partners In Innovation](#) | [Store](#)



**Innovation 2001
Annual Report**

- ▶ [Letter from the President](#)
- ▶ [Milestones](#)
- ▶ [Mission/Vision](#)
- ▶ [Research Highlights](#)
- ▶ [Research Studies](#)
- ▶ [Education Highlights](#)
- ▶ [Professional Education](#)
- ▶ [Innovation Highlights](#)
- ▶ [Publications](#)
- ▶ [Partners in Innovation](#)
- ▶ [Individual and Community Donors](#)
- ▶ [Financial Highlights](#)
- ▶ [Board of Directors](#)
- ▶ [Print Annual Report](#)

Park Nicollet Institute milestones

Research and education help determine the quality of care at Park Nicollet. More than 400 Park Nicollet Institute employees, together with our Park Nicollet colleagues, collaborative partners, volunteers, donors, community members and board of directors are dedicated to making a difference through innovation in research and education.

"Making a difference where we think it is possible is the work of the Institute."

A. Stuart Hanson, MD

- 1959** St. Louis Park Medical Center Research Foundation founded.
- 1963** Nicollet Clinic Foundation established.
- 1967** International Diabetes Center established.
- 1973** St. Louis Park Medical Center presents its first professional education seminar.
- 1975** An education department is established at St. Louis Park Medical Center, which evolves to become Health Education Center.
- 1976** A health services research center is launched, which eventually becomes Health Research Center.
- 1983** Nicollet Clinic and St. Louis Park Medical Center merge. Park Nicollet Medical Foundation is established to advance research and education.
- 1984** Park Nicollet becomes the first smoke-free health system. Tobacco cessation initiatives in research and education increase through the 90s until today.
- 1986** Super Asthma Saturday provides educational activities for children with asthma, their parents and health care providers. The program continues to be a popular offering.

- 1987** Five continuing medical education seminars are presented. In 2001, Continuing Medical Education sponsored category 1 credit for 75 seminars, lectures and programs.
- 1990** Park Nicollet Medical Foundation presents first Educator of the Year and Researcher of the Year awards. Park Nicollet *HealthSource* establishes its first corporate wellness center at U.A.W. Ford in St. Paul. Today there are five wellness center sites at major corporations throughout the Twin Cities.
- 1991** Park Nicollet Medical Center and Methodist Hospital decide to merge.
- 1992** Park Nicollet is a founding member of the Institute for Clinical Systems Integration.
- 1993** Park Nicollet Medical Foundation and Methodist Hospital Foundation collaborate on "Celebration for Life." This fundraising event has been more successful each year and in 2001 raised \$475,000 for innovation at Park Nicollet.
- 1995** Health Education Center product line grows dramatically. The newly created Activity Pyramid and "Well Advised" lead sales.
- 1996** Park Nicollet Medical Foundation integrates with HealthSystem Minnesota and is renamed Institute for Research and Education. Oncology Research Program is incorporated into Health Research Center. "American Health" names International Diabetes Center one of four leading U.S. academic medical centers in the treatment of diabetes.
- 1998** Rheumatology Treatment and Research Center (RTRC) joins the Rheumatoid Arthritis Investigational Network consortium and expands its research agenda. RTRC has been the top enrolling site since joining the consortium.
- 2000** Institute for Research and Education renamed Park Nicollet Institute.
- 2001** A. Stuart Hanson, MD, announces his retirement as president of Park Nicollet Institute after 16 years of dedicated service.

[Back to top](#)

Park Nicollet Health Services

Methodist Hospital | Park Nicollet Clinic | Park Nicollet Foundation | Park Nicollet Institute

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**Innovation 2001
Annual Report**

- ▶ [Letter from the President](#)
- ▶ [Milestones](#)
- ▶ [Mission/Vision](#)
- ▶ [Research Highlights](#)
- ▶ [Research Studies](#)
- ▶ [Education Highlights](#)
- ▶ [Professional Education](#)
- ▶ [Innovation Highlights](#)
- ▶ [Publications](#)
- ▶ [Partners in Innovation](#)
- ▶ [Individual and Community Donors](#)
- ▶ [Financial Highlights](#)
- ▶ [Board of Directors](#)
- ▶ [Print Annual Report](#)

Mission and vision

Mission

Park Nicollet Institute engages in research, education and innovation to improve quality and public and private decision-making in health and health care.

Vision

We will shape the future of health and health care through learning that empowers individuals, families, communities and ourselves.



James V. Toscano, executive vice president, and **A. Stuart Hanson, MD**, president, have provided leadership at Park Nicollet Institute for 36 years, combined.

Park Nicollet Health Services

[Methodist Hospital](#) | [Park Nicollet Clinic](#) | [Park Nicollet Foundation](#) | [Park Nicollet Institute](#)

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Park Nicollet

Park Nicollet Institute

MAKING A DIFFERENCE

innovation 2001

Home | About Us | Research | Education | Publications | Partners In Innovation | Store



**Innovation 2001
Annual Report**

- ▶ **Letter from the President**
- ▶ **Milestones**
- ▶ **Mission/Vision**
- ▶ **Research Highlights**
- ▶ **Research Studies**
- ▶ **Education Highlights**
- ▶ **Professional Education**
- ▶ **Innovation Highlights**
- ▶ **Publications**
- ▶ **Partners in Innovation**
- ▶ **Individual and Community Donors**
- ▶ **Financial Highlights**
- ▶ **Board of Directors**
- ▶ **Print Annual Report**

Research highlights

Nearly 150 research studies were active in 2001. Additionally, more than 125 cancer treatment and prevention studies were available to Park Nicollet patients through the Metro-Minnesota Community Clinical Oncology Program (CCOP).

- CCOP is one of 400 sites chosen for the largest-ever prostate cancer prevention study - the Selenium and Vitamin E Cancer Prevention Trials (SELECT) - expected to enroll more than 32,000 men nationally and take up to 12 years to complete.
- Asthma and Allergy Research Center is part of a consortium of clinical research sites sponsored by the American Lung Association. In a collaborative study published in the New England Journal of Medicine, research found that influenza vaccines are safe for children and adults with asthma. It was previously believed that flu vaccine may adversely affect these patients.
- Methodist Hospital's Eating Disorders Institute launched its research program with a survey of 100 Minnesota family practice physicians about their current screening and treatment practices and referral sources for patients with eating disorders.
- An Oncology Research Program study, "Quality of Life after Breast Carcinoma Surgery: A Comparison of Three Surgical Procedures," was published in the April issue of *Cancer* and highlighted in the "Journal of the American Medical Association."



**Martin Lee, MD, Oncology
2001 Researcher of the Year**

**Past Researchers
of the Year**

- Osteoporosis Center researchers seeking better ways to identify patients at high risk for fracture determined that it may be reasonable to use lateral X-ray absorptiometry for people over age 60 who have osteopenia at the spine or hip. Study results were presented at the American College of Rheumatology 2001 Annual Meeting.

- Health Research Center received a grant from Humana Inc. for the study "Employee Evaluation of a Defined Contribution Product: Post Enrollment Survey." This study is among the first in the country to evaluate employee responses to the transition from "defined benefit" health plans to the new "defined contribution" plans.

- An International Diabetes Center (IDC) study, "A new noninvasive optical method of glycemic assessment (Accu-Chek™ D-Tector™): comparison with standard measures of glucose control in patients at risk for type 2 diabetes," was selected for the Presidential Poster Session at the annual scientific meeting of the American Diabetes Association. The study demonstrated the benefits of the first technology to screen for diabetes without drawing blood.

Research studies

[Back to top](#)

Park Nicollet Health Services

[Methodist Hospital](#) | [Park Nicollet Clinic](#) | [Park Nicollet Foundation](#) | [Park Nicollet Institute](#)

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**Innovation 2001
Annual Report**

- ▶ [Letter from the President](#)
- ▶ [Milestones](#)
- ▶ [Mission/Vision](#)
- ▶ [Research Highlights](#)
- ▶ [Research Studies](#)
- ▶ [Education Highlights](#)
- ▶ [Professional Education](#)
- ▶ [Innovation Highlights](#)
- ▶ [Publications](#)
- ▶ [Partners in Innovation](#)
- ▶ [Individual and Community Donors](#)
- ▶ [Financial Highlights](#)
- ▶ [Board of Directors](#)
- ▶ [Print Annual Report](#)

Researchers of the year

- 2000 Todd Tuttle, MD
- 1999 Roger Mazze, PhD
- 1998 John Schousboe, MD
- 1997 Richard Bergenstal, MD
- 1996 David Graft, MD
- 1995 George Cembrowski, MD, PhD
- 1994 Donald Pine, MD
- 1993 Mark Haugland, MD
- 1992 Jinnet Fowles, PhD
- 1991 Renner Anderson, MD
- 1990 Donnell Etwiler, MD
- 1989 William Schoenwetter, MD



**Martin Lee, MD, Oncology 2001
Researcher of the Year**

[Back](#)

Park Nicollet Health Services

[Methodist Hospital](#) | [Park Nicollet Clinic](#) | [Park Nicollet Foundation](#) | [Park Nicollet Institute](#)

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**Innovation 2001
Annual Report**

- ▶ [Letter from the President](#)
- ▶ [Milestones](#)
- ▶ [Mission/Vision](#)
- ▶ [Research Highlights](#)
- ▶ [Research Studies](#)
- ▶ [Education Highlights](#)
- ▶ [Professional Education](#)
- ▶ [Innovation Highlights](#)
- ▶ [Publications](#)
- ▶ [Partners in Innovation](#)
- ▶ [Individual and Community Donors](#)
- ▶ [Financial Highlights](#)
- ▶ [Board of Directors](#)
- ▶ [Print Annual Report](#)

Research studies

Staff from many Park Nicollet departments participated in research in 2001.

- [Administration](#)
- [Anticoagulation Clinic](#)
- [Asthma and allergy](#)
- [Cardiology](#)
- [Center for Senior Health Services](#)
- [Eating Disorders Institute](#)
- [Emergency Department](#)
- [Family Practice](#)
- [Gastroenterology](#)
- [Health Information Management](#)
- [Health Research Center](#)
- [Infectious Disease](#)
- [International Diabetes Center](#)
- [Laboratory Medicine](#)
- [Neurology](#)
- [Obstetrics and Gynecology](#)
- [Obstetrics and Gynecology](#)
- [Occupational Health/Oncology Research](#)
- [Oncology Research](#)
- [Oncology Research/Surgery](#)
- [Orthopedics](#)
- [Pediatrics](#)
- [Pulmonary](#)
- [Radiology](#)
- [Radiology/Oncology Research](#)
- [Rheumatology Treatment and Resource Center](#)
- [Sexual Health](#)
- [Struthers Parkinson's Center](#)
- [Urology](#)
- [Vascular Surgery](#)

Park Nicollet Health Services

[Methodist Hospital](#) | [Park Nicollet Clinic](#) | [Park Nicollet Foundation](#) | [Park Nicollet Institute](#)

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Park Nicollet

Park Nicollet Institute

MAKING A DIFFERENCE

innovation 2001

[Home](#) | [About Us](#) | [Research](#) | [Education](#) | [Publications](#) | [Partners In Innovation](#) | [Store](#)



**Innovation 2001
Annual Report**

- ▶ [Letter from the President](#)
- ▶ [Milestones](#)
- ▶ [Mission/Vision](#)
- ▶ [Research Highlights](#)
- ▶ [Research Studies](#)
- ▶ [Education Highlights](#)
- ▶ [Professional Education](#)
- ▶ [Innovation Highlights](#)
- ▶ [Publications](#)
- ▶ [Partners in Innovation](#)
- ▶ [Individual and Community Donors](#)
- ▶ [Financial Highlights](#)
- ▶ [Board of Directors](#)
- ▶ [Print Annual Report](#)

Research studies 2001

Administration

Project QUEST: Organizational Factors and Quality of Chronic Disease Care
Principal Investigator: Patrick O'Connor, MD, MPH, HealthPartners Research Foundation

Sponsor: Agency for Healthcare Research and Quality

Lyme025-A Cohort Study-Safety Reporting on Participants Receiving Lyme Vaccine (Post Marketing Surveillance)

Principal Investigator: Peter Harper, MD, HealthPartners Research Foundation

Sponsor: GlaxoSmithKline

Anticoagulation Clinic

A Double-Blind Efficacy and Safety Study of a new Oral Direct Thrombin Inhibitor Versus Standard Therapy Enoxaparin and Warfarin (Coumadin) in Patients with Acute, Symptomatic Deep Venous Thrombosis with or without Pulmonary Embolism (Thrive 5)

Principal Investigator: Bruce Burnett, MD

Sponsor: AstraZeneca LP

Asthma and Allergy

A Randomized, Double-Blind, Parallel-Group, Comparative Trial of an Inhaled Corticosteroid/Long-Acting Bronchodilator Combination Product given by Diskus Inhaler BID vs. an Inhaled Corticosteroid given by Diskus Inhaler BID in Adolescents and Adults with Moderate Persistent Asthma

Principal Investigator: William Schoenwetter, MD

Sponsor: GlaxoSmithKline

A Randomized, Double-Blind, Multicenter Study to Evaluate the Effect of an Oral Leukotriene Antagonist versus an Inhaled Corticosteroid in Patients with Mild Persistent Asthma

Principal Investigator: Pamela Harris, MD

Sponsor: Merck & Co. Inc.

A Multicenter, Randomized, Controlled, Open-Label Study to Evaluate the Safety of a Monoclonal Antibody in Moderate to Severe, Persistent Asthma Subjects Already Treated with Other Therapies (ALTO)

Principal Investigator: David Graft, MD

Sponsor: Genentech Inc.

A Double-Blind, Randomized, Placebo-Controlled, Parallel-Group, Multicenter Study to Investigate the Efficacy and Safety of an Inhaled Antiviral Medication Administered Once a Day for 28 Days in the Prevention of

Symptomatic Influenza A and B Viral Infections in Community-Dwelling High Risk Subjects Aged ≥ 12 Years

Principal Investigator: William Schoenwetter, MD

Sponsor: GlaxoSmithKline

Study of Inactivated Influenza Vaccine in Asthmatics

Principal Investigator: Richard Sveum, MD

Sponsor: American Lung Association

[Back to top](#)

Placebo-Controlled Efficacy and Safety Study of a Once-Daily PM and BID Regimens of an Inhaled Corticosteroid Administered via Dry Powder Inhaler in Subjects with Asthma Who were Previously Maintained on Inhaled Corticosteroids

Principal Investigator: Richard Sveum, MD

Sponsor: Schering Laboratories

A Multicenter, Double-Blind, Randomized, Parallel-Group Study Comparing an Oral Leukotriene Antagonist with Placebo in Pediatric Patients Aged 2 through 14 Years with Seasonal Allergic Rhinitis

Principal Investigator: Richard Sveum, MD

Sponsor: Merck & Co. Inc.

A Phase III, Double-Blind, Double-Dummy, Parallel-Group, Multicenter, Placebo-Controlled, Efficacy and Safety Study of a New Inhaled Corticosteroid 400 $\mu\text{g}/\text{Day}$, 800 $\mu\text{g}/\text{Day}$ (Ex-Valve) administered by MDI and Flovent[®] MDI (Fluticasone Propionate) 880 μg (Ex-Actuator) Administered Twice Daily for 12 Weeks in the treatment of Severe Persistent Asthma in Adolescents and Adults

Principal Investigator: David Graft, MD

Sponsor: Aventis Pharmaceuticals

A Multicenter, Double-Blind, Randomized, One Year, Long-Term Safety Study of a New Inhaled Corticosteroid 400 $\mu\text{G}/\text{Day}$ to 800 $\mu\text{G}/\text{Day}$ (Ex-Valve) or Qvar320 $\mu\text{G}/\text{Day}$ to 640 $\mu\text{G}/\text{Day}$ (Actuator) Metered Dose Inhaler Administered Twice Daily for the Treatment of Severe Persistent Asthma in Adolescents and Adults

Principal Investigator: David Graft, MD

Sponsor: Aventis Pharmaceuticals

Evaluation of Pulmonary Sounds using the an Electronic Stethoscope

Principal Investigator: Richard Wyatt, MD

Sponsor: 3M Pharmaceuticals

A Phase III, Double-Blind, Parallel-Group, Multicenter, Placebo-Controlled Study of a New Inhaled Corticosteroid 800 μ/Day and 1600 μ/Day Administered Twice Daily for 16 Weeks to Determine Effectiveness to Reduce Oral Corticosteroid (OCS) Use in Oral Corticosteroid-Dependent Patients with Severe Persistent Asthma

Principal Investigator: Richard Wyatt, MD

Sponsor: Aventis Pharmaceuticals

[Back to top](#)

An Open-Label Extension Study of a New Monoclonal Antibody in Moderate to Severe, Persistent Asthma Subjects Who Completed the ALTO Study

Principal Investigator: David Graft, MD

Sponsor: Genentech Inc.

A Multicenter, Randomized, Double-Blind, Crossover Study of the Patient Preference and Sensory Attributes of Three Different Corticosteroid Nasal Sprays in Patients with Allergic Rhinitis

Principal Investigator: William Schoenwetter, MD

Sponsor: Aventis Pharmaceuticals

A Multicenter, Double-Blind, Randomized, Parallel-Group Study Investigating the Clinical Effects of an Oral Leukotriene Antagonist in Patients with Seasonal Allergic Rhinitis Over a 4-Week Treatment Period—Fall 2001

Principal Investigator: Pamela Harris, MD

Sponsor: Merck & Co. Inc.

A Stratified, Randomized, Double-Blind, Placebo-Controlled, Parallel-Group, 12-Week Trial Evaluating the Safety and Efficacy of an Inhaled Corticosteroid/Long-Acting Bronchodilator Combination Product Given by DISKUS Inhaler 100/50 μ Once-Daily Versus an Inhaled Corticosteroid Given by DISKUS Inhaler 100 μ Once-Daily and Placebo in Symptomatic Pediatric Subjects (4-11years) with Asthma

Principal Investigator: Richard Wyatt

Sponsor: GlaxoSmithKline

A Randomized, Double-Blind, Placebo-Controlled, Parallel-Group, 12-Week Trial Evaluating the Efficacy and Safety of Two Different Doses of an Inhaled Corticosteroid/Long-Acting Bronchodilator Product Given by DISKUS Inhaler Once or Twice Daily Versus an Inhaled Corticosteroid Given by DISKUS Once-Daily Versus Placebo in Symptomatic Adolescent and Adult Subjects with Asthma that is Not Controlled on Short-Acting Beta2 Agonists Alone

Principal Investigator: Pamela Harris, MD

Sponsor: GlaxoSmithKline

[Back to top](#)

A Multicenter, Randomized, Double-Blind, Double-Dummy, Parallel-Group, 16-Week Comparison of Asthma Control in Adolescents and Adults receiving either an Inhaled Corticosteroid/Long-Acting Bronchodilator Combination Product Given by DISKUS 100/50 μ BID, a Long-Acting Bronchodilator Given by DISKUS 100 μ BID, a Long-Acting Bronchodilator Given by DISKUS 50 μ BID, or an Oral Leukotriene Antagonist QD

Principal Investigator: William Schoenwetter, MD

Sponsor: GlaxoSmithKline

A Multicenter, Randomized, Placebo-Controlled, Parallel-Group Study Investigating the Clinical Effects of an Oral Leukotriene Antagonist in Patients with Perennial Allergic Rhinitis

Principal Investigator: Richard Sveum, MD

Sponsor: Merck & Co. Inc.

A Multicenter, Double-Blind, Randomized, Parallel-Group Study Comparing the Effect on Linear Growth of an Oral Leukotriene Antagonist with Placebo and Inhaled Corticosteroid in Pediatric Patients with Mild Asthma

Principal Investigator: Richard Sveum, MD

Sponsor: Merck & Co. Inc.

A Multicenter, Randomized, Double-Blind, Parallel-Group, Placebo-controlled, 12-week Study of Two Different Doses of an Inhaled Corticosteroid Delivered via CFC MDI and a Valved Holding Chamber with Facemask in Subjects with Asthma Aged 24 Months to 47 Months
Principal Investigator: Richard Wyatt, MD
Sponsor: GlaxoSmithKline

A Randomized, Multicenter, Placebo-Controlled, Parallel-Controlled, Parallel-Group Study of Four Months Duration Per Patient to Evaluate the Safety and Efficacy of Treatment with 24 μ G BID and 12 μ G BID of a Long-Acting Bronchodilator, Double-Blind, and 12 μ G BID with Additional On-Demand doses of the Long-Acting Bronchodilator, Open-Label, in Adolescent and Adult Patients with Persistent Stable Asthma
Principal Investigator: David Graft, MD
Sponsor: Novartis Pharmaceuticals Corporation

[Back to top](#)

Cardiology

Efficacy and Safety of a new Oral Direct Thrombin Inhibitor Compared with Dose Adjusted Warfarin (Coumadin) in the Prevention of Stroke and Systemic Embolic Events in Patients with Atrial Fibrillation (SPORTIF V)
Principal Investigator: J. Mark Haugland, MD
Sponsor: AstraZeneca LP

Pravastatin or Atorvastatin Evaluation and Infectious Therapy (PROVE IT)
Principal Investigator: Gary Cramer, MD
Sponsor: Bristol-Myers Squibb Company

Feasibility and Accuracy of Stress Echo Using Myocardial Contrast Echocardiography (MCE): Comparison with Scintigraphy and Wall Motion Analysis
Principal Investigator: Richard Madlon-Kay, MD
Sponsor: Park Nicollet Institute

Pain Free Rx II (Does PacING Fast VT Reduce Shock Rx?)
Principal Investigator: Wayne Adkisson, MD
Sponsor: Medtronic Inc.

Evaluation of Cardiac Sounds Using the 3M™ Littmann® Electronic Stethoscope Model 4000
Principal Investigator: Thomas Davis, MD
Sponsor: 3M Pharmaceuticals

Primary Angioplasty with Tirofiban in a Community Hospital (PATCH) Methodist Hospital Study of Major Adverse Events (MACE) in Tirofiban-Assisted Primary Angioplasty for Acute Myocardial Infarction
Principal Investigator: Jackson Thatcher, MD
Sponsor: Merck & Co. Inc.

Assessing Syncope Using Reveal (Assure®)
Principal Investigator: Wayne Adkisson, MD
Sponsor: Outcome Sciences

Center for Senior Health Services

AT Spouse Training: Managing Behaviors/Making Decisions, Randomized Intervention for Families of Persons with DAT

Principal Investigator: Ken Hepburn, PhD, University of Minnesota

Sponsor: National Institute of Nursing Research

Take Control: A Group-Based, Self-Management Program for Women with Urinary Incontinence

Principal Investigator: Jean Wyman, PhD, RN, University of Minnesota

Sponsor: Association of Rehabilitation Nurses

Eating Disorders Institute

Assessing the Management of Eating Disorders in Family Practice

Principal Investigator: Jillian Croll, MS, RD, MPH

Sponsors: Park Nicollet Institute; Park Nicollet Foundation

A Double-Blind, Parallel Study of the Safety, Tolerability and Preliminary Efficacy of a New Non-Steroidal Antiandrogen Compared to Placebo in Patients with Anorexia Nervosa

Principal Investigator: Elke Eckert, MD

Sponsor: Vela Pharmaceuticals Inc.

Emergency Department

Public Access Defibrillation Trial-Early Access to Defibrillation for Victims of Out of Hospital Cardiac Arrest (OOH-CA)

Principal Investigator: Brian Mahoney, MD, Hennepin County Medical Center

Sponsors: National Heart, Lung and Blood Institute; Survivalink; Agilent Technologies; Medtronic Inc.; Guidant Foundation; American Heart Association

Family Practice

Evaluation of Tobacco Cessation Services in Primary Care Practice

Principal Investigator: Don Pine, MD

Sponsor: American Academy of Family Practice

Gastroenterology

A Randomized, Open-Label, Multicenter, Phase III Study Evaluating the Efficacy and Safety of a New Medication in Combination with Ribavirin Given for 24 Weeks Versus 48 Weeks Versus No Treatment in Patients with Chronic Hepatitis C and Persistently Normal ALT Levels

Principal Investigator: Ann Kools, MD

Sponsor: Hoffman-LaRoche Inc.

Clinical Impact of Endoscopic Diagnosis and Therapy in Patients with Unexplained Acute Pancreatitis

Principal Investigator: Martin Freeman, MD, Hennepin County Medical Center

Sponsor: Minnesota Medical Research Foundation

Defining Gastroesophageal Reflux Disease

Principal Investigator: Michael Shaw, MD
Sponsor: AstraZeneca LP

Optical Biopsy Using Laser Induced Fluorescence Spectroscopy as an
Adjunctive Tool During Colonic Examination
Principal Investigators: Michael Levy, MD; George Logan, MD
Sponsor: SpectraScience

ERCP Outcome Study (ERCOST)
Principal Investigator: Martin Freeman, MD, Hennepin County Medical Center
Sponsor: Minneapolis Medical Research Foundation

[Back to top](#)

Health Information Management

Atherosclerosis Risk in Communities (ARIC) Study
Principal Investigator: Aaron Folsom, MD, University of Minnesota
Sponsor: National Heart, Lung, and Blood Institute

Health Research Center

Consumer Response to Clinic-Level Comparative Reports
Principal Investigator: Jinnet Fowles, PhD
Sponsor: Agency for Healthcare Research and Quality

Tobacco Cessation at Park Nicollet Health Services: Preliminary Assessment
of the Clinical Environment
Principal Investigator: Barbara Braun, PhD
Sponsor: Park Nicollet Institute

A Randomized, Controlled Trial of Daily Naltrexone compared with Daily
Placebo Among Clients at the Hazelden Fellowship Club, a Partial-Residency
Chemical Dependency Treatment Program
Principal Investigator: Barbara Braun, PhD
Sponsor: Hazelden Foundation

Which Patients Want to Examine Their Medical Record?
Principal Investigator: Jinnet Fowles, PhD
Sponsor: Tonkawa Inc.

Employee Evaluation of a Defined Contribution Project: Post Enrollment
Survey and Focus Group
Principal Investigator: Jinnet Fowles, PhD
Sponsor: Humana Inc.

[Back to top](#)

Infectious Disease

An Open-Label One-Way Crossover Trial Comparing the Tolerability of Videx
® EC Capsules to Videx ® Tablets in Adults with HIV Infection
Principal Investigator: Hal Martin, MD
Sponsor: Bristol-Myers Squibb Company

A Phase III, Open-Label, Randomized, Active-Controlled Study Assessing the
Efficacy and Safety of a New HIV-1 Fusion Inhibitor in Combination with an

Optimized Background Regimen, Versus Optimized Background Regimen Alone, in Patients with Prior Experience and/or Prior Documented Resistance to Each of the Three Classes of Approved Antiretrovirals (Nucleoside Reverse Transcriptase, Non-Nucleoside Reverse Transcriptase and Protease Inhibitors)
Principal Investigator: Hal Martin, MD
Sponsors: Hoffman-La Roche Inc.; Timeris Inc.

International Diabetes Center

Evaluation of Omron IC Automatic Blood Pressure Monitor as a Means of Improving Clinical Decision Making in Individuals with Type 2 Diabetes
Principal Investigator: Roger Mazze, PhD
Sponsor: Omron Corporation

Program Evaluation: Measuring the Effectiveness of Intensive Insulin Therapy through Multiple Daily Injections and a Continuous Subcutaneous Insulin Infusion Diabetes Management Program
Principal Investigator: Lisa Fish, MD
Sponsor: Disetronic Medical Systems Inc./Eli Lilly and Company

Smoking Cessation in Adults with Type 2 Diabetes
Principal Investigator: David Kendall, MD
Sponsor: Minnesota Partnership for Action Against Tobacco

A Randomized, Double-Blind Study to Compare the Durability of Glucose Lowering and Preservation of Pancreatic Beta-Cell Function of Rosiglitazone Monotherapy Compared to Metformin or Glyburide/Glibenclamide in Patients with Drug-Naïve, Recently Diagnosed Type 2 Diabetes Mellitus (< 2 years)
Principal Investigator: Gregory Damberg, MD
Sponsor: GlaxoSmithKlin

[Back to top](#)

A Randomized, Double-Blind, Placebo-Controlled Comparison of the Safety and Efficacy of a New Analgesic to Placebo in Subjects with Painful Diabetic Polyneuropathy
Principal Investigator: C. Rowan DeBold, MD
Sponsor: Abbott Laboratories Inc.

Concentration Control Trial of Norditropin® SimpleXx™ in Children with Growth Hormone Deficiency: A Two Year, Open-Label, Randomized, Multicenter Trial
Principal Investigator: Martha Spencer, MD
Sponsor: Novo Nordisk Pharmaceuticals Inc.

Pioglitazone Versus Rosiglitazone in Subjects with Type 2 Diabetes Mellitus and Dyslipidemia
Principal Investigator: David Kendall, MD
Sponsor: Eli Lilly and Company

A Multicenter, Randomized, Double-Blind, Clinical Trial Comparing the Safety and Efficacy of Metformin/Glyburide Tablets to Rosiglitazone Plus Metformin Therapy in Patients with Type 2 Diabetes Mellitus Who Have Inadequate Glycemic Control with Metformin Monotherapy
Principal Investigator: Terence Wingert, MD
Sponsor: Bristol-Myers Squibb

Action to Control Cardiovascular Risk in Diabetes (ACCORD)

Principal Investigator: David Kendall, MD

Sponsor: National Institutes of Health

A 12-Week, Multicenter, Double-Blind, Placebo-Controlled, Randomized, Dose-Finding Study to Evaluate the Safety and Efficacy of a New Drug in Symptomatic Gastroparesis

Principal Investigator: Lisa Fish, MD

Sponsor: Chugai Biopharmaceuticals Inc.

Clinical Evaluation of a New Blood Glucose Monitoring System in Children with Diabetes

Principal Investigator: Martha Spencer, MD

Sponsor: TheraSense Inc.

[Back to top](#)

Home Testing of a New Glucose Test Strip for the Precision Xtra Advanced Diabetes Management System by Lay Users

Principal Investigator: Dawn Bina, MT(ASCP), CCRC

Sponsor: Abbott Laboratories Inc.

Bypass Angioplasty Revascularization Investigation 2 Diabetes (BARI 2D)

Principal Investigator: Richard Bergenstal, MD

Sponsor: National Institutes of Health

Clinical Evaluation of a New Sensor Improvement in Two Blood Glucose Monitoring Systems

Principal Investigator: Dawn Bina, MT, ASCP, CCRC

Sponsor: Bayer Corporation

The DREAM (Diabetes REduction Assessment with Ramipril and Rosiglitazone Medication) Trial

Principal Investigator: Richard Bergenstal, MD

Sponsors: Canadian Institutes of Health Research; Aventis Pharmaceuticals; King Pharmaceuticals; GlaxoSmithKline

Genetic Studies of Diabetic Complications in Epidemiology of Diabetes Interventions and Complications

Principal Investigator: Richard Bergenstal, MD

Sponsor: National Institutes of Health

A Market Research Study of the Glucowatch® Automatic Glucose Biographer for Use to Detect Trends and Track Patterns in Glucose Levels in Adult Patients with Diabetes

Principal Investigator: David Kendall, MD

Sponsor: Cygnus Inc.

A Randomized, Double-Blind, Multicenter Study Comparing the Glycemic Control Characteristics of Two Antihypertensive Drugs in Hypertensive Patients with Type 2 Diabetes Mellitus

Principal Investigator: C. Rowan DeBold, MD

Sponsor: GlaxoSmithKline

[Back to top](#)

Psychometric Validation of the Pediatric Diabetes Questionnaire and Parents'

Questionnaire

Principal Investigator: Martha Spencer, MD

Sponsor: Pfizer Inc.

Field Evaluation of a New Glucose Test Strip for the MediSense PCx Point of Care System—Accuracy, Lay User Acceptability and Precision

Principal Investigator: Richard Bergenstal, MD

Sponsor: Abbott Laboratories Inc.

Action to Control Cardiovascular Risk in Diabetes: Coronary Artery Calcium Pilot Study ACCORD (CAC)

Principal Investigator: David Kendall, MD

Sponsor: National Institutes of Health

Evaluation of the Dose-Response Relationship of a New Drug on Fasting and Postprandial Blood Glucose and Tolerability in Patients with Type 2 Diabetes

Principal Investigator: Richard Bergenstal, MD

Sponsor: Eli Lilly and Company

A 12-Week, Multinational, Multicenter, Controlled, Open, 1:1:1 Randomized, Parallel Clinical Trial to Assess Non-Inferiority Between Pre- and Post-Meal Administration of a New Rapid-Acting Insulin and Pre-Meal Regular Human Insulin in Subjects with Type 1 Diabetes Mellitus Receiving Insulin Glargine as the Basal Insulin Therapy

Principal Investigator: Richard Bergenstal, MD

Sponsor: Aventis Pharmaceuticals

Evaluation of Blood Glucose Concentrations Using a New Blood Glucose Monitoring System at Alternate Testing Sites Relative to Intrinsic Values

Principal Investigator: David Kendall, MD

Sponsor: LifeScan Inc.

[Back to top](#)

A Multicenter, Randomized, Open-Label, Crossover Trial in Insulin-Requiring Type1 Subjects with Diabetes: Preference and Frequency of Blood Glucose Monitoring Comparison with Combined Insulin Pen/Meter and Vial/Syringe/Separate Meter

Principal Investigator: Richard Bergenstal, MD

Sponsor: Novo Nordisk Pharmaceuticals Inc.

A New Drug in Type 2 Diabetic Subjects: A Fifty-Two-Week Double-Blind, Parallel, Active-Controlled (Diabetra® and Glucophage®) Study (Followed by a Fifty-Two Week, Open-Labeled Extension) to Investigate Safety and Efficacy

Principal Investigator: David Kendall, MD

Sponsor: Novo Nordisk Pharmaceuticals Inc.

Field Evaluation of a New Blood Glucose Monitoring System-Accuracy, Lay User Acceptability and Precision

Principal Investigator: Richard Bergenstal, MD

Sponsor: Abbott Laboratories Inc.

A Randomized, Double-Blind, Placebo-Controlled, Multicenter, Parallel, Dose-Ranging Study to Evaluate the Efficacy, Safety, Tolerability and Pharmacodynamics of a New Drug in Adult and Adolescent Patients with New

Onset Type 1 Diabetes Mellitus
Principal Investigator: C. Rowan DeBold, MD
Sponsor: Neurocrine Biosciences-Ingelix

A Clinical Feasibility Study of a New Blood Glucose Monitoring System when Used with Capillary and Venous Blood Samples in the Hands of Health Care Professionals and Lay Users
Principal Investigator: David Kendall, MD
Sponsor: LifeScan Inc.

[Back to top](#)

Laboratory Medicine

Protocol for Prospective Blood Collection in the American Cancer Society's Cancer Prevention Study II Nutrition Cohort
Principal Investigator: Eugenia Calle, PhD, Emory Univeristy
Sponsor: American Cancer Society

Neurology

An Open-Label Evaluation of the Long-Term Safety of Oral Naratriptan 1mg Twice Daily as Short-Term Prophylactic Treatment for Menstrually-Associated Migrane
Principal Investigator: Frederick Taylor, MD
Sponsor: GlaxoSmithKline

A Randomized, Double-Blind, Placebo-Controlled, Parallel-Group, Single-Attack Evaluation of Sumatriptan 50mg and 100mg Versus Placebo During Migraine Headache at the First Sign of Pain
Principal Investigator: Frederick Taylor, MD
Sponsor: GlaxoSmithKline

Improving Utilization of Ischemic Stroke Research
Principal Investigator: Catherine Borbas, PhD, MPH, Healthcare Education and Research Foundation Inc.
Sponsor: Agency for Healthcare Research and Quality

American Academy of Neurology Stoke Practice Improvement Network (SPIN)
Principal Investigator: John Davenport, MD

A Randomized, Double-Blind, Placebo-Controlled, Parallel-Group Evaluation of Sumagriptan 50mg and 100mg Tablets Administered During the Mild Pain Phase of a Menstually-Associated Migraine Attack
Principal Investigator: Frederick Taylor, MD
Sponsor: GlaxoSmithKline

A Randomized, Double-Blind, Placebo-Controlled, Parallel-Group, Single-Attack Study of Sumatriptan 6mg in the Treatment of Moderate to Severe Migraine Present Upon Awakening
Principal Investigator: Frederick Taylor, MD
Sponsor: GlaxoSmithKline

Stroke Treatment in the Community II
Principal Investigator: Sandra Hanson, MD
Sponsor: Park Nicollet Institute

Obstetrics and Gynecology

Treatment of Overactive Bladder with Botulinum Toxin B: A Pilot Study

Principal Investigator: Albert Enriquez, MD

Sponsor: Elan Corporation

Occupational Health/Oncology Research

Evaluation of a Tobacco Cessation Program for Employees at Park Nicollet Health Services

Principal Investigators: Kari Olson-Finnegan, RN; Karen Swenson, RN, MS, AOCN; Jan Kjellberg, RN

Sponsor: Park Nicollet Health Services

Oncology Research

A Prognostic Study of Sentinel Node and Bone Marrow Micrometastases in Women with Clinical Stage T1 or T2 Breast Cancer

Principal Investigator: Joel Friedman, MD

Sponsor: American College of Surgeons

A Randomized Trial of Axillary Node Dissection in Women With Clinical Stage T1 or T2 NOM Breast Cancer Who Have a Positive Sentinel Node

Principal Investigator: Joel Friedman, MD

Sponsor: American College of Surgeons

Breast Cancer Risk Factors and Diagnostic Mammogram Sensitivity Among Women Diagnosed with Breast Cancer in Their Forties

Principal Investigator: Carol McPherson, MSW, MPH

Sponsor: Park Nicollet Institute

Sentinel Lymph Node Biopsy for Patients with Breast Cancer

Principal Investigator: Joel Friedman, MD

Sponsor: Park Nicollet Institute

Complication Rate for Sentinel Lymph Node Biopsy: Ancillary Study to Sentinel Lymph Node Biopsy for Patients with Breast Cancer

Principal Investigator: Karen Swenson, RN, MS, AOCN

Sponsor: Park Nicollet Institute

[Back to top](#)

Illness Attributes and Predictors of Well-Being in Younger Women with Breast Cancer

Principal Investigator: Elizabeth Kraatz

Sponsor: University of Minnesota

Breast Cancer Adjuvant Educational Program (BCAEP): A Randomized Clinical Trial of a Computer-Based Learning Tool to Aid in Decision-Making Concerning Adjuvant Therapy for Early Breast Cancer

Principal Investigator: Martin Lee, MD

Sponsor: Park Nicollet Institute

A Multicenter Clinical Trial to Determine the Efficacy of a Dietary Fat Reduction Program Provided in Addition to Systemic Adjuvant Therapy in the Management of Patients with Primary Invasive Breast Cancer

Principal Investigator: Alice Shapiro, PhD
Sponsor: American Health Foundation

Detection of Occult Nodal Metastases in Colonic Carcinoma with Sentinel Lymph Node Biopsy
Principal Investigator: Alfonso Velasco, MD
Sponsor: Park Nicollet Institute

Sunbelt Melanoma Trial (SMT): A Multicenter Trial of Adjuvant Interferon Alfa-2b for Melanoma Patients with Early Lymph Node Metastasis Detected by Lymphatic Mapping and Sentinel Lymph Node Biopsy
Principal Investigator: Keith Heaton, MD
Sponsor: Schering Laboratories

A Prospective Study to Compare Side Effects and Functional Status by Treatment Type for Early Stage Prostate Cancer
Principal Investigator: Carol McPherson, MSW, MPH
Sponsor: Nycomed-Amersham

An Expanded Access Clinical Program with a New Medication for Patients with Advanced Non-Small Cell Lung Cancer
Principal Investigator: Joseph Leach, MD
Sponsor: AstraZeneca LP

Interleukin-2 in an Alternative Dose (ILIAD Trial)—Treatment of Patients with Metastatic Renal Cell Carcinoma with Low-Dose Proleukin
Principal Investigator: Martin Lee, MD
Sponsor: Chiron Corporation

[Back to top](#)

Implementation and Evaluation of a Program to Promote Smoking Cessation in Hospitalized Patients
Principal Investigator: Karen Swenson, RN, MS, AOCN
Sponsors: Park Nicollet Foundation; GlaxoSmithKline

Phase I/II Clinical Trial of a Combination of Weekly Vinorelbine and Weekly Carboplatin in Advanced Non-Small Cell Lung Cancer
Principal Investigator: Martin Lee, MD
Sponsor: GlaxoSmithKline

A Pilot Study of a Combination of Mitoxantrone, Estramustine, Weekly Paclitaxel (Taxol) and Hydrocortisone (METH) for the Treatment of Hormone-Resistant Prostate Cancer
Principal Investigator: Martin Lee, MD
Sponsor: Bristol-Myers Squibb Company

Focus Group on Breast Reconstruction following Mastectomy
Principal Investigator: Mary Jo Nissen, PhD, MPH
Sponsor: Park Nicollet Institute

A Controlled, Randomized, Phase III Trial Comparing the Response to Dacarbazine with and without a New Medication in Patients with Metastatic Melanoma
Principal Investigator: Martin Lee, MD
Sponsor: Vical Inc.

**Extended Treatment Protocol for a New Immunotherapy in Metastatic Cancer
by Direct Gene Transfer**

Principal Investigator: Martin Lee, MD

Sponsor: Vical Inc.

**Feasibility of a Daily Diary to Characterize Symptoms of Breast Cancer
Patients in an Outpatient Setting**

Principal Investigator: Robin Lally, RN, MS, OCN

Sponsor: Park Nicollet Jane Brattain Breast Center

**A Multicenter, Open-Label Trial to Evaluate the Efficacy and Safety of a New
Radioimmunotherapy of Relapsed or Refractory Low-Grade or Follicular
Transformed B-Cell Non-Hodgkin's Lymphoma**

Principal Investigator: Martin Lee, MD

[Back to top](#)

Sponsor: IDEC Pharmaceuticals Corporation

Helping the Mother with Breast Cancer Support Her Child

Principal Investigator: Janice Post-White, RN, PhD, FAAN, University of
Minnesota

Sponsor: National Cancer Institute

**A Multicenter, Open-Label, Randomized, Three-Arm Study of 5-Fluorouracil (5-
FU) Plus Leucovorin (LV) or Oxaliplatin, or a Combination of 5-
FU/LV+Oxaliplatin as Second-Line Treatment of Metastatic Colorectal
Carcinoma**

Principal Investigator: Martin Lee, MD

Sponsor: Sanofi-Synthelabo

Promotion of Physical Activity during Chemotherapy—Pilot Study

Principal Investigator: Mary Jo Nissen, PhD, MPH

Sponsor: Park Nicollet Institute

Physical Activity Promotion during Physical Therapy—Main Study

Principal Investigator: Mary Jo Nissen, PhD, MPH

Sponsor: Oncology Nursing Foundation

**A Randomized Clinical Study to Determine the Patient Benefit of Depocyt
(Cytarbine Liposome Injection) for the Treatment of Neoplastic Meningitis**

Principal Investigator: Martin Lee, MD

Sponsor: SkyePharma Inc.

**An Open-Label, Randomized Study to Develop a Screening Tool for Functional
Capacity in Anemic Subjects with Nonmyeloid Malignancies Receiving
Chemotherapy and NESP**

Principal Investigator: Martin Lee, MD

Sponsor: Amgen Inc.

[Back to top](#)

Oncology Research/Surgery

**Intraoperative Subareolar Injection of Technetium-99 for Breast Sentinel
Lymph Node Identification**

Principal Investigator: Joel Friedman, MD
Sponsor: Park Nicollet Institute

Orthopedics

Anterior Shoulder Pain
Principal Investigator: Scott McPherson, MD
Sponsor: Minnesota Orthopaedic Society

Muscle Incursion in Carpal Tunnel Syndrome: A Magnetic Resonance Imaging Study
Principal Investigator: Benjamin Levine, MD
Sponsor: Park Nicollet Institute

Hand-Based Splinting in the Treatment of Thumb Carpometacarpal Joint Osteoarthritis: A Survey of Effects
Principal Investigator: Nancy Callinan, MD
Sponsor: Orthopedics Department

[Back to top](#)

Pediatrics

Synagis Outcomes Registry
Principal Investigator: Andrew Rzepka, MD
Sponsor: MedImmune Inc.

Commercial Photography/Strabismus-Screening Study
Principal Investigators: Albert Yonas, PhD, University of Minnesota; Stephen Christianson, MD, University of Minnesota
Sponsor: University of Minnesota

Pulmonary

Randomized, Double-Blind, Placebo-Controlled, Multicenter Trial to Assess the Long-Term Efficacy of a New Oral Medication in the Treatment of Narcolepsy
Principal Investigator: Salim Kathawalla, MD
Sponsor: Orphan Medical Inc.

Radiology

Research of Second Look Efficacy-1: The Sensitivity Trial
Principal Investigator: Mary Lechner, MD
Sponsor: Qualia Computing Inc.

Second Look Work-Up Rate Evaluation
Principal Investigator: Michael Nelson, MD
Sponsor: CADX Medical Systems Inc.

[Back to top](#)

Radiology/Oncology Research

Lobular Carcinoma In Situ and Atypical Lobular Hyperplasia at Percutaneous Biopsy with Surgical Correlation: A Multi-Institutional Study
Principal Investigator: Mary Lechner, MD
Sponsor: Park Nicollet Institute

A Prospective, Randomized Multicenter Clinical Trial to Evaluate the Safety and Effectiveness a New Lesion Localization Device

Principal Investigator: Mary Lechner, MD

Sponsor: SenoRx Inc.

Rheumatology Treatment and Resource Center

Osteoporosis Education and Screening in the Community: Effect on Health Care Behavior with Respect to Preventing Osteoporosis in Employed Populations

Principal Investigator: John Schousboe, MD

Sponsor: Park Nicollet Foundation

Patient's Perspective of Osteoporosis

Principal Investigator: John Schousboe, MD

Sponsor: Park Nicollet Foundation

SONORA: Study of New-Onset Rheumatoid Arthritis

Principal Investigator: Robert Tierney, MD

Sponsor: Knoll Pharmaceutical Company

Glucosamine/Chondroitin Arthritis Intervention Trial (GAIT)

Principal Investigator: John Schousboe, MD

Sponsor: Rheumatoid Arthritis Investigational Network

Can Patients Self-Select Themselves for Bone Densitometry? Utility of the Osteoporosis Risk Assessment Instrument (ORAI) Mailed to Women Age 45 and Older

Principal Investigator: John Schousboe, MD

Sponsor: Park Nicollet Foundation

[Back to top](#)

Diagnosis and Treatment of Osteoporosis at Park Nicollet Health Services: A Quality of Care Improvement Project

Principal Investigator: John Schousboe, MD

Sponsor: Park Nicollet Foundation

Treatment of Early Rheumatoid Arthritis: Minocycline in Combination with Methotrexate Versus Methotrexate Alone

Principal Investigator: John Schousboe, MD

Sponsor: Rheumatoid Arthritis Investigational Network

Triple III: Comparison of Leflunomide Alone Versus Two Disease-Modifying Anti-Rheumatic Drug (DMARD) Combinations (Leflunomide-Hydroxychloroquine-Sulfasalazine or Methotrexate-Hydroxychloroquine-Sulfasalazine) in the Treatment of Rheumatoid Arthritis

Principal Investigator: John Schousboe, MD

Sponsor: Rheumatoid Arthritis Investigational Network

An International, Multicenter, Stratified, Randomized, Double-Blind, Double-Dummy, Parallel-Group, 52-Week Gastrointestinal Clinical Safety Study to Demonstrate that a new COX II Inhibitor Reduces the Risk to Develop Complicated Ulcers as Compared to Naproxen (500mg BID), in Rheumatoid Arthritis and Osteoarthritis Patients

Principal Investigator: Carolyn Bowles, MD

Sponsor: Novartis Pharmaceuticals Corporation

Treatment of Early Rheumatoid Arthritis: The Role of Doxycycline in Combination with Methotrexate

Principal Investigator: John Schousboe, MD

Sponsor: Rheumatoid Arthritis Investigational Network

A Multicenter Study of Tissue Typing Comparison of Individuals with Rheumatoid Arthritis and Their Biological Parents

Principal Investigator: John Schousboe, MD

Sponsor: Rheumatoid Arthritis Investigational Network

A Six Month Open-Label Safety Trial of Enbrel (etanercept) plus Hydroxychloroquine, Sulfasalazine, or Injectable Gold in Patients with Rheumatoid Arthritis

Principal Investigator: John Schousboe, MD

Sponsor: Rheumatoid Arthritis Investigational Network

Evaluation of Outcomes Among Persons with Fibromyalgia Assigned to Two Management Strategies Over a One-Year Course

Principal Investigator: Deb Lasher, RN, MPH

Sponsors: Park Nicollet Foundation; Park Nicollet Institute; The Arthritis Foundation

[Back to top](#)

Sexual Health

Evaluation of the Use of a Unique Topical Gel Formulation in Males with a Testosterone Level $300 \leq$ /dL

Principal Investigator: William Borkon, MD

Sponsor: Auxilium A² Inc.

Struthers Parkinson's Center

A Multicenter, Double-Blind, Placebo-Controlled Study to Assess the Tolerability and Effect of a New Medication in Parkinson's Disease Patients with Early End-of-Dose Wearing-Off Treated with Levodopa/Carbidopa

Principal Investigator: Sotirois Parashos, MD

Sponsor: Novartis Pharmaceuticals Corporation

A Phase III, Multicenter, Double-Blind, Parallel-Group, Placebo-Controlled Study of the Effect of a New Medication on the Progression of Parkinson's Disease in Patients Treated with L-Dopa or Dopamine Agonist

Principal Investigator: Martha Nance, MD

Sponsor: Aventis Pharmaceuticals

A Prospective, Randomized, Placebo-Controlled, Parallel-Group Study of the Continued Efficacy and Safety of Subcutaneous Injections of Apomorphine in the Treatment of "Off" Episodes in Patients with "On/Off" or "Wearing-Off" Effects Associated with Late-Stage Parkinson's Disease after Apomorphine Use for at least a Three-Month Duration

Principal Investigator: Martha Nance, MD

Sponsor: Mylan Pharmaceuticals

[Back to top](#)

Urology

A Prospective, Randomized, Double-Blind, Multicenter, Comparative Trial to Evaluate the Efficacy and Safety of a New Once-Daily (QD) Modified-Release Medication Versus Conventional Ciproflaxin 500mg Tablets BID in the Seven-14-Day Treatment of Patients with Complicated Urinary Tract (cUTI) Infections or Acute, Uncomplicated Pyelonephritis
Principal Investigator: Kevin Zhang, MD
Sponsor: Bayer Corporation

Vascular Surgery

A Randomized, Controlled, Multicenter Trial of Vacuum Assisted Closure Therapy with Split-Thickness Skin Grafting in the Treatment and Blinded Evaluation of Venous Stasis Ulcers
Principal Investigator: Mark Melin, MD
Sponsor: Kinetic Concepts Inc.

A Randomized, Controlled, Multicenter Trial of Vacuum Assisted Closure Therapy in the Treatment and Blinded Evaluation of Venous Stasis Ulcers
Principal Investigator: Mark Melin, MD
Sponsor: Kinetic Concepts Inc.

[Back to top](#)

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**Innovation 2001
Annual Report**

- ▶ **Letter from the President**
- ▶ **Milestones**
- ▶ **Mission/Vision**
- ▶ **Research Highlights**
- ▶ **Research Studies**
- ▶ **Education Highlights**
- ▶ **Professional Education**
- ▶ **Innovation Highlights**
- ▶ **Publications**
- ▶ **Partners in Innovation**
- ▶ **Individual and Community Donors**
- ▶ **Financial Highlights**
- ▶ **Board of Directors**
- ▶ **Print Annual Report**

Education highlights

More than 7,000 physicians, clinicians and other health professionals participated in 85 continuing medical education conferences, lectures and courses in 2001.

- IDC welcomed nearly 1,000 health professionals from 41 states and 11 countries to its professional education programs in 2001.
- A new Continuing Medical Education Internet site was constructed in 2001. Health professionals now may access professional education opportunities at parknicollet.com.
- National Institutes of Health awarded IDC a contract to provide diabetes care training for 80 American and Canadian study coordinators who will implement the "Action to Control Cardiovascular Risk in Diabetes" (ACCORD) trial. IDC is among the research sites, and its "Type 2 Diabetes BASICS" book will be used by 10,000 study patients.
- Park Nicollet *HealthSource* served as consultants for "Creating Life Balance," a wellness and physical activity program developed for Minnesota Independent School District 191- Burnsville, Eagan and Savage. The program received the Minnesota Council on Physical Activity and Sports 2001 Award of Excellence.



Ahmed I. Samatar, PhD, Macalester College, presented "Seek First to Understand," to inform Park Nicollet staff about Islamic principles in relation to world events.

- "Minnesota Physician" named EDI one of Minnesota's Health Care Centers of Excellence. A partnership of Methodist Hospital and University of Minnesota Physicians, EDI expanded its program space and increased staff to meet continuously growing patient needs.

- To ensure that Park Nicollet diabetes patients receive the best possible care, IDC trained 481 Park Nicollet clinicians in Staged Diabetes Management. Outcomes to date include significant increases in orders for appropriate diabetes tests and examinations, improvements in LDL values, and increased use of diabetes education services.

[Back to top](#)

Park Nicollet Health Services

[Methodist Hospital](#) | [Park Nicollet Clinic](#) | [Park Nicollet Foundation](#) | [Park Nicollet Institute](#)

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Home | About Us | Research | Education | Publications | Partners In Innovation | Store



**Innovation 2001
Annual Report**

- ▶ [Letter from the President](#)
- ▶ [Milestones](#)
- ▶ [Mission/Vision](#)
- ▶ [Research Highlights](#)
- ▶ [Research Studies](#)
- ▶ [Education Highlights](#)
- ▶ [Professional Education](#)
- ▶ [Innovation Highlights](#)
- ▶ [Publications](#)
- ▶ [Partners in Innovation](#)
- ▶ [Individual and Community Donors](#)
- ▶ [Financial Highlights](#)
- ▶ [Board of Directors](#)
- ▶ [Print Annual Report](#)

Professional education

Our professional education seminars are highly regarded by participants from local, regional and national health care organizations. Listed here are those who presented and planned major seminars in 2001.

18th Annual Terry C. Shackelford Memorial Lecture

February 14, 2001

"Broken Prayers and Organizational
Unlearning"

Jerry B. Harvey, PhD

Critical Care Update February 22-23, 2001

George Strauss, MD, Conference Co-director
Sue Ravenscraft, MD, Conference Co-director

John Axelson, MD

David Homans, MD

Joan Kovacovich, MD

John Opsahl, MD

Amie Reynolds

Wayne Adkisson, MD

Leslie Baken, MD

Martin Freeman, MD

Keith Harmon, MD

J. Mark Haugland, MD

David Homans, MD

David Kendall, MD

Avi Nahum, MD

Jennifer Olson, MD

John Opsahl, MD

Deirdre Palmer, MD

Paul Pentel, MD

Michael Schueppert, MD

Jeffrey Shultz, MD

Robert Shapiro, MD

Kurt Simpson, MD

Steve Smith, MD

Thomas Suh, MD

John Worley, DO

Mental Health Update March 8-9, 2001

Eric Larson, MD, Conference Director

Joseph Bebchuk, MD

Jeremy Springer, MD

Kristi Trostel, MD

Mary Wagner, MD

Carol Cushman

Deborah Clemmensen, MEq, LP

Robert Donnelly, MSW, BCD

Michael Feldman, MD

Edward Froehlich, MSW, LICSW

Breast Diagnosis Update September 21-22, 2001

Mary Lechner, MD, Conference Director

Michael Nelson, MD

Kathy Wilson, RT(R) (M)

Amie Reynolds

Richard Carlson, MD

Steven Duane, MD

Eugene Elvecrog, MD

Lenore Everson, MD

Richard Geise, PhD, FACR

Keith Heaton, MD

Robin Lally, MD

Todd Tuttle, MD

DeAnn Williams, RT(R) (M)

Rachel Brem, MD

Michael Linver, MD

Oncology Update September 28, 2001

Steven Duane, MD, Conference Director

Ariel Birnbaum, MD

Charles McCoy, MD

Jeffrey Mandel, MD

Joan Bissen, RD

Lisa Brown

Amie Reynolds

Bruce Burnett, MD

J. Paul Carlson, MD

Joseph Leach, MD

Martin Lee, MD

Michael Nelson, MD

Roger Rhodes, MD

William Sharer, MD

Wayne Spears, MD

Amy Spomer, MD

Mark Wilkowske, MD

Timothy Wilt, MD, MPH

Diabetes Management for Nurse Practitioners: Clinical Strategies and Solutions

October 4-5, 2001

Ellie Strock, ANP, RN, CDE

Diane Reader, RD, LD, CDE

Gregg Simonson, PhD

Richard Bergenstal, MD

Joseph Nelson, MA, LP

Joel Jahraus, MD
Kristin Kelley, MEd
Richard Lentz, MD
Tracy Pierson
Judson Reaney, MD
Lynda Richtsmeier Cyr, PhD
Barbara St. Marie, ANP
Victoria Wagner, JD

**Effective Communication Strategies
March 22, 2001**

Joan Bissen, RD
Cheryl Craft, RN
Michael Dukinfield, MD
Jinnet Fowles, PhD
Joel Friedman, MD
Kenneth Olson, MD
Paul Tolzmann, MD
Carol Cushman

**Comprehensive Risk Factor Management:
The Future of Diabetes Care
April 19-20, 2001**

Richard Bergenstal, MD
David Kendall, MD
Lisa Fish, MD
Joseph Nelson, MA, LP
Ann Johnson, RN, CDE
Shannon Perron, RD, LD
Mary Johnson, BS, RN, CDE
Susan Scott, MS, LP
Phillip Kofron, MD
Martha Spencer, MD
Ariel Birnbaum, MD
Marcia Weimerskirch, MD
Diane Reader, RD, LD, CDE
Janet Davidson, BSN, RN, CDE

**Rheumatology Update
April 20, 2001**

Scott Glickstein, MD, Conference Director
Carolyn Bowles, MD
Michael Dukinfield, MD
Jeremy Springer, MD
Carol Cushman
Eric Schned, MD
John Schousboe, MD
Robert Tierney, MD

**New and Old Drugs: Best Choices
April 26-27, 2001**

Michael Dukinfield, MD
Ron Kitzmann, RPh, MBA
Jeffrey Mandel, MD
Dale Petersen, MD
Jeremy Springer, MD
George Strauss, MD
Joan Bissen, RD
Amie Reynolds
Dave Angaran, MS
Bruce Burnett, MD
Susan Czapiewski, MD
Donald Duncan, MD
Ila Mehra Harris, PhD, BCPS
David Homans, MD
David Kendall, MD
Allan Kind, MD

Mary Johnson, BS, RN, CDE
Dawn Bina, MT, CCRC
Jill Flader, MS, RD, LD, CDE
Janet Davidson, BSN, RN, CDE
Kathy Reynolds, RN, CDE
David Kendall, MD
Shey Larson, RN, ANP, CDE
Renea Bradley, MSN, ARNP, CDE
Amy Moore, MS, RN, CDE
Jan Pearson, BAN, RN, CDE
Kathy Beckman, RN, GNP
Jan Bennett, RN, NP-C
Deborah LaCroix, RN, MAN, CDE

**8th Annual Norman A. Sterrie, MD
Allergy Lecture**

October 11, 2001
"Steroid-Resistant Asthma"
Lanny J. Rosenwasser, MD

**Allergy and Asthma Update
October 12, 2001**

David Graft, MD, Conference Director
Michael Dukinfield, MD
Jeffrey Mandel, MD
Carol Martin, MD
Richard Sveum, MD
Carol Cushman
Pamela Harris, MD
H. Spencer Holmes, MD
Lanny Rosenwasser, MD
William Schoenwetter, MD
Richard Wyatt, MD

**Living and Working with Grief and
Loss for the Professional Caregiver
November 1, 2001**

Marcia Lattanzi Licht, MA, RN, LPC
Lou Cooney-Erickson
Edward Holland
Bruce Kuritzky
Kara Laney
Sandy Larsen
Guy Marzano
Carrie Schulz
Vicki Wagner

**19th Annual Terry C. Shackelford
Memorial Lecture
November 15, 2001**

"Little Cells, Big Issues: The Ethics of
Stem Cell Research"
Jeffrey Kahn, PhD, MPH

**15th Annual Primary Care Update
November 15-16, 2001**

Jeremy Springer, MD
Ariel Birnbaum, MD
Michael Dukinfield, MD
Mary Miley, MD
Joan Bissen, RD
Amie Reynolds
Richard Bergenstal, MD
Sue Bayer, OPAC
Renea Bradley, MSN, ARNP, CDE
V. Ross Collins, MD
Susan Czapiewski, MD

Phillip Kofron, MD
Ann Kools, MD
George Logan, MD
Mary Meighan, MD
Martha Nance, MD
Sue Ravenscraft, MD
John Schousboe, MD
Jeffrey Shultz, MD
Deborah Thorp, MD
Dean Tsukayama, MD
Anthony Woolley, MD

**Pediatric Diabetes Management: A Health
Professional Training Program**

July 9-12, 2001

Richard Bergenstal, MD
Gay Castle, RD, LD, CDE
Janet Davidson, BSN, RN, CDE
Mary Johnson, BS, RN, CDE
Marcia Meier, BAN, RN
Joseph Nelson, MA, LP
Belinda O'Connell, MS, RD, LD
Patti Rickheim, MS, RN, CDE
Susan Scott, MS, LP
Brenda Solarz-Johnson, BSN, RN, CDE
Martha Spencer, MD
Mike Anslie, MD
Lorraine Schafer, PhD, LP

**Managing Problems You Can't Cure
September 20-21, 2001**

Jeffrey Mandel, MD, Conference Director
John Axelson, MD
Emma Carlin, MD
Jennifer Olson, MD
Carol Cushman
Dianne Brundage, PharmD, BCPS, BCOP
J. Paul Carlson, MD
Susan Czapiewski, MD
Susan Deno, RD, LD
Daniel Freking, MD
Sandra Hanson, MD
Sharon Hepler, MD
H. Spencer Holmes, MD
Tanya Hough, PT
Raghavan Iyer, Chef
David Kendall, MD
Beth Leaneagh, RN
Richard Madlon-Kay, MD
Penny Marsala, MA, MLIS
Ann Nadine Maurer, MD
Joseph Nelson, MA, LP
Karen Nelson, OTR
John Opsahl, MD
Sue Ravenscraft, MD
Stuart Schmitz
Richard Sveum, MD
Robert Tierney, MD
Anthony Woolley, MD

Paul Damrow, MD
Susan Deno, RD, LD
Carol Falkowski
Keith Harmon, MD
H. Spencer Holmes, MD
David Homans, MD
Jack Jakala, OPAC
David Kendall, MD
Allan Kind, MD
Eric Larson, MD
Martin Lee, MD
George Logan, MD
Penny Marsala, MA, MLIS
M. Mark Melin, MD
Jeffrey Mendeloff, MD
Carrie Michurski, OPAC
Derek N.H. Notman, MD
Richard Olson, MD
Sue Ravenscraft, MD
Deb Rofuth, CT
Allan Ross, MD
Gregg Strathy, MD
George Strauss, MD
Mary Wilkens, MD

**Infectious Disease Update
December 6-7, 2001**

Leslie Baken, MD, Conference Director
Jeffrey Mandel, MD
Hal Martin, MD
Jeremy Springer, MD
Gregory Weisshaar, MD
Amie Reynolds
Renner Anderson, MD
Kiran Belani, MD
Siu Po Cheung, MD
J. Timothy Diegel, MD
A. Stuart Hanson, MD
Linda Hedemark, MD
Harry Hull, MD
Allan Kind, MD
Ann Kools, MD
Kathy LeDell, RN, MPH
M. Mark Melin, MD
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[Back to top](#)

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- ▶ [Milestones](#)
- ▶ [Mission/Vision](#)
- ▶ [Research Highlights](#)
- ▶ [Research Studies](#)
- ▶ [Education Highlights](#)
- ▶ [Professional Education](#)
- ▶ [Innovation Highlights](#)
- ▶ [Publications](#)
- ▶ [Partners in Innovation](#)
- ▶ [Individual and Community Donors](#)
- ▶ [Financial Highlights](#)
- ▶ [Board of Directors](#)
- ▶ [Print Annual Report](#)

Innovation highlights

Park Nicollet Institute staff is recognized for innovative leadership.

- Martin Lee, MD, Oncology Research Program, was awarded the first Park Nicollet Institute Clinical Investigator Award for the proposal Breast Cancer Adjuvant Educational Program: A Randomized Clinical Trial of a Computer-Based Learning Tool to Aid in Decision-Making Concerning Adjuvant Therapy for Early Breast Cancer.
- Jinnet Fowles, PhD, Health Research Center, was appointed to the Professionalism Research Advisory Committee of the American Board of Internal Medicine Foundation.
- Eric Schned, MD, Rheumatology Treatment and Resource Center (RTRC), was appointed to the American College of Rheumatology (ACR) Board of Directors.
- Ann Deshler, RN, Metro-MN CCOP, received the American Cancer Society-Hennepin County Unit's Rose Marie Cousins Award for outstanding accomplishments in cancer control through advocacy and communication.
- Deborah Lasher, RN, MPH, RTRC, served as the National Chapter Chair for the Association of Clinical Research Professionals.
- A. Stuart Hanson, MD, received the American Cancer Society Lynn Smith Award for his dedication and perseverance in promoting smoke-free lifestyles. The award commemorated 25 years of the Great American Smokeout and landmark achievements in research, education, policy and activism.

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- ▶ [Letter from the President](#)
- ▶ [Milestones](#)
- ▶ [Mission/Vision](#)
- ▶ [Research Highlights](#)
- ▶ [Research Studies](#)
- ▶ [Education Highlights](#)
- ▶ [Professional Education](#)
- ▶ [Innovation Highlights](#)
- ▶ [Publications](#)
- ▶ [Partners in Innovation](#)
- ▶ [Individual and Community Donors](#)
- ▶ [Financial Highlights](#)
- ▶ [Board of Directors](#)
- ▶ [Print Annual Report](#)

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Park Nicollet Health Services staff published extensively in journals, periodicals and online journals in 2001. Park Nicollet authors are noted in bold.

- **Administration**
- **Asthma and Allergy Research Center**
- **Community Clinical Oncology Program**
- **Family Practice**
- **Gastroenterology**
- **Health Education Center**
- **Health Research Center**
- **International Diabetes Center**
- **Mental Health**
- **Neurology**
- **Occupational Medicine**
- **Oncology Research**
- **Pediatrics**
- **Physical Medicine**
- **Radiology**
- **Rheumatology Treatment and Resource Center**
- **Sexual Health Center**

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Innovation 2001 Annual Report

- ▶ [Letter from the President](#)
- ▶ [Milestones](#)
- ▶ [Mission/Vision](#)
- ▶ [Research Highlights](#)
- ▶ [Research Studies](#)
- ▶ [Education Highlights](#)
- ▶ [Professional Education](#)
- ▶ [Innovation Highlights](#)
- ▶ [Publications](#)
- ▶ [Partners in Innovation](#)
- ▶ [Individual and Community Donors](#)
- ▶ [Financial Highlights](#)
- ▶ [Board of Directors](#)
- ▶ [Print Annual Report](#)

Publications 2001

Administration

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Asthma and Allergy Research Center

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[Back to top](#)

Health Education Center

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Health Research Center

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[Back to top](#)

International Diabetes Center

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[Back to top](#)

Mental Health

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[Back to top](#)

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[Back to top](#)

Pediatrics

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Physical Medicine

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Radiology

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Rheumatology Treatment and Resource Center

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Schousboe JT, DeBold CR, Bowles CA, Glickstein SL, Rubino RK. Prevalence of vertebral compression fracture deformity by x-ray absorptiometry of lateral thoracic and lumbar spines in a population referred for bone density [abstract] Arthritis and Rheumatism 2001; 44(11):1244.

Sexual Health Center

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[Back to top](#)

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Annual Report**

- ▶ [Letter from the President](#)
- ▶ [Milestones](#)
- ▶ [Mission/Vision](#)
- ▶ [Research Highlights](#)
- ▶ [Research Studies](#)
- ▶ [Education Highlights](#)
- ▶ [Professional Education](#)
- ▶ [Innovation Highlights](#)
- ▶ [Publications](#)
- ▶ [Partners in Innovation](#)
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- ▶ [Financial Highlights](#)
- ▶ [Board of Directors](#)
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[Back to top](#)

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**Innovation 2001
Annual Report**

- ▶ [Letter from the President](#)
- ▶ [Milestones](#)
- ▶ [Mission/Vision](#)
- ▶ [Research Highlights](#)
- ▶ [Research Studies](#)
- ▶ [Education Highlights](#)
- ▶ [Professional Education](#)
- ▶ [Innovation Highlights](#)
- ▶ [Publications](#)
- ▶ [Partners in Innovation](#)
- ▶ [Individual and Community Donors](#)
- ▶ [Financial Highlights](#)
- ▶ [Board of Directors](#)
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[Back to top](#)

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**Innovation 2001
Annual Report**

- ▶ [Letter from the President](#)
- ▶ [Milestones](#)
- ▶ [Mission/Vision](#)
- ▶ [Research Highlights](#)
- ▶ [Research Studies](#)
- ▶ [Education Highlights](#)
- ▶ [Professional Education](#)
- ▶ [Innovation Highlights](#)
- ▶ [Publications](#)
- ▶ [Partners in Innovation](#)
- ▶ [Individual and Community Donors](#)
- ▶ [Financial Highlights](#)
- ▶ [Board of Directors](#)
- ▶ [Print Annual Report](#)

Financial highlights

Revenues	2001	2000
PUBLIC SUPPORT		
Grants	7,945,851	8,002,617
Unrestricted contributions	2,040,308	2,022,491
TOTAL PUBLIC SUPPORT	9,986,159	10,025,108
OTHER		
Professional services	3,456,736	3,436,805
Tuition	1,133,291	1,021,589
Investment income - operating	1,171,965	1,058,635
Publication sales, net	1,038,258	785,681
Other	51,515	42,944
Total revenues from other sources	6,851,765	6,345,654
TOTAL REVENUES	16,837,924	16,370,762

Expenses	2001	2000
Program	14,264,757	13,608,441
General and administrative	1,359,023	1,173,287
Fundraising	143,202	141,096
TOTAL EXPENSES	15,766,982	14,922,824
OPERATIONS SURPLUS		
Realized non-operations investment income (loss)	(1,091,194)	1,213,736
Unrealized investment income (loss)	(865,803)	(1,338,888)
NET EXCESS (DEFICIT) OF REVENUES OVER EXPENSES	(886,055)	1,322,786

Assets	2001	2000
Cash and investments	18,077,300	18,881,919
Grants, pledges receivable	5,347,572	5,287,764
Accounts receivable	802,441	799,158
Inventory	451,426	441,956
Property and equipment, net	344,797	492,850
Other	112,242	64,306
TOTAL ASSETS	25,135,778	25,967,953

Liabilities	2001	2000
Grants and pledges designated for future periods	8,097,995	8,651,386
Accounts payable and accrued expenses	2,182,870	1,554,992

Other	47,881	68,487
TOTAL LIABILITIES	10,328,746	10,274,865
NET ASSETS	14,807,032	15,693,088
TOTAL LIABILITIES AND NET ASSETS	25,135,778	25,967,953

[Back to top](#)

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[Methodist Hospital](#) | [Park Nicollet Clinic](#) | [Park Nicollet Foundation](#) | [Park Nicollet Institute](#)

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**Innovation 2001
Annual Report**

- ▶ [Letter from the President](#)
- ▶ [Milestones](#)
- ▶ [Mission/Vision](#)
- ▶ [Research Highlights](#)
- ▶ [Research Studies](#)
- ▶ [Education Highlights](#)
- ▶ [Professional Education](#)
- ▶ [Innovation Highlights](#)
- ▶ [Publications](#)
- ▶ [Partners in Innovation](#)
- ▶ [Individual and Community Donors](#)
- ▶ [Financial Highlights](#)
- ▶ [Board of Directors](#)
- ▶ [Print Annual Report](#)

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Jean Harris, MD, 1931-2001

"I have truthfully felt throughout my lifetime that if I ever had to abruptly and unexpectedly leave this known world I could truthfully say it was a great journey."

— Jean Harris, MD

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[Back to top](#)

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[Methodist Hospital](#) | [Park Nicollet Clinic](#) | [Park Nicollet Foundation](#) | [Park Nicollet Institute](#)

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