



**Park Nicollet**

# **Awakenings Concert**

*Twin Cities Musicians Come Together to Benefit Park Nicollet Struthers Parkinson's Center*

**WHAT:** **Struthers Parkinson's Center**, located in Golden Valley, is a recognized leader in providing comprehensive care for Parkinson's patients, including alternative therapies such as Tai Chi and music therapy. Struthers also offers innovative services such as Club CREATE, which provides respite time for family care givers.

**Awakenings Concert** is an annual evening of music by Minnesota Orchestra Members and friends to benefit the Struthers Parkinson's Center.

**WHO:** **Kristin Kemper** has been playing violin since she was 9 years old. More than 20-years after she first picked up a bow, she achieved the goal of many professional musicians: a seat with the Minnesota Orchestra, one of the country's finest.

Two years later she began to notice subtle differences in her muscle control, like when her handwriting changed and her middle finger tapped uncontrollably. From the beginning, Kristin sensed it was Parkinson's. The dizziness and the tremors worsened. Eventually she sought treatment from Martha Nance, MD, a neurologist at Park Nicollet's Struthers Parkinson's Center.

**Martha Nance, MD** is a Park Nicollet neurologist and medical director of the Struthers Parkinson's Center. She played piano years ago and took it back up when Kirsten formulated the idea for the Awakenings Concert.

**WHEN:** Sunday, April 6<sup>th</sup> at 7 p.m.

**WHERE:** Minnesota History Center in St. Paul

**To arrange an interview, call Steve McCarthy at 952-993-6726 or page 952-231-5029.**