



**Park Nicollet**

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## **PARK NICOLLET METHODIST HOSPITAL RANKED AMONG TOP FIVE PERCENT IN NATION**

*Independent health care ratings company HealthGrades conducted the study*

**ST. LOUIS PARK, Minn., (February 23, 2009)** – Park Nicollet Methodist Hospital announced that for the fourth consecutive year, it is among the nation’s top five percent of hospitals, according to an independent study of mortality and complication rates for nearly 5,000 hospitals released by HealthGrades, the nation’s leading health care ratings company.

Park Nicollet Methodist Hospital has achieved HealthGrades’ 2009 Distinguished Hospital Award for Clinical Excellence™ based on its clinical quality performance. According to the HealthGrades study, patients admitted to a hospital receiving this award are, on average, 27 percent less likely to die and 8 percent less likely to suffer from a major complication. This year, only 270 of the nation’s nearly 5,000 non-federal hospitals will receive this distinction.

The study also found that Distinguished Hospitals for Clinical Excellence are improving their patient outcomes at a greater rate in more procedures and diagnoses than all other hospitals, lowering risk-adjusted mortality rates over the years 2005, 2006 and 2007 by an average of 18%.

“The hospitals that have been designated as Distinguished Hospitals for Clinical Excellence™ have been leaders in their commitment to delivering the highest quality patient care,” said Rick May, MD, HealthGrades senior physician consultant.

In the past seven years, Park Nicollet Methodist Hospital has received 27 national quality awards from HealthGrades – more than any other hospital in the Twin Cities area. Highlights include:

- HealthGrades Cardiac Excellence Award™ – 2009
- HealthGrades Coronary Intervention Excellence Award™ – 2009
- HealthGrades Stroke Care Excellence Award™ – Seven Years in a Row (2003 – 2009)
- HealthGrades Pulmonary Care Excellence Award™ – Four Years in a Row (2006 – 2009)
- HealthGrades Gastrointestinal Care Excellence Award™ – Three Years in a Row (2007 – 2009)
- HealthGrades Critical Care Excellence Award™ – Four Years in a Row (2006 – 2009)
- Distinguished Hospital Award for Patient Safety™ – 2006, 2007

This is the seventh year that HealthGrades has independently analyzed the clinical quality performance of all non-federal hospitals across the country in 26 procedures and diagnoses. All hospitals that participate in the Medicare program were part of the independent study.

A full copy of the study is available at [www.healthgrades.com](http://www.healthgrades.com)

**Park Nicollet Methodist Hospital** is a 426-bed facility with more than 2,900 employees and 1,000 physicians on its medical staff. Park Nicollet Methodist Hospital is recognized as an area leader in cancer care, cardiovascular services, maternity care and neuro-rehabilitation medicine. Located in St. Louis Park, Methodist Hospital is part of Park Nicollet Health Services, an integrated care system that includes Park Nicollet Clinic, Park Nicollet Foundation and Park Nicollet Institute. Park Nicollet also is part owner of St. Francis Regional Medical Center in Shakopee.