



Park Nicollet

MELROSE INSTITUTE BRINGS PATIENTS, FAMILIES AND PROFESSIONALS TOGETHER TO HEAL EATING DISORDERS

Grand opening helps usher in new era of integrated care

WHAT: Park Nicollet Melrose Institute celebrates the grand opening of the largest eating disorders treatment facility in the Midwest. The three-story, 67,000 square foot institute, located in St. Louis Park, is able to care for more than 1,300 patients and includes a 30-bed inpatient unit and nine residential beds.

Experts at Park Nicollet developed a new treatment plan that follows a university model. Patients will have a ‘core curriculum’ of evidence-based treatment including cognitive behavioral therapy (CBT), dialectical behavior therapy (DBT) and family-based treatment. The current course catalogue offers over 40 different choices for these electives. Unique areas of treatment for eating disorders include diabetes, athletes, post-bariatric surgery patients, very young children and those individuals over age 30.

WHEN: Thursday, May 21
3:30 until to 7:30 p.m.
5:00 Dedication celebration

WHERE: Melrose Institute
3525 Monterey Drive
St. Louis Park

For more information, call Steve McCarthy at 952-993-6726 or page 952-231-5029. Visit www.parknicollet.com/eatingdisorders for more details.

Park Nicollet Health Services is an integrated care system that includes Park Nicollet Methodist Hospital, Park Nicollet Clinic, Park Nicollet Foundation and Park Nicollet Institute. Park Nicollet Health Services is based in St. Louis Park and has more than 8,200 employees, including 630 physicians on staff.