



Park Nicollet

HEAT WAVE JUST IN TIME FOR PGA TOURNAMENT

Combination of soaring temperatures, concerns over air quality and thousands of spectators could mean heat-related health issues at Hazeltine

Park Nicollet physician, veteran athlete dispenses advice on how to stay safe in severe heat

- WHAT:** 90 degree temperatures and higher levels of pollution are expected to settle in the Twin Cities just as thousands descend upon Chaska for the 91st PGA Championship. The Minnesota Pollution Control Agency is issuing an air quality advisory for the Twin Cities. If you're heading for Hazeltine to watch the pros tee off, or if you just want to continue your summer routine through this heat wave, Park Nicollet has tips on how to stay safe in soaring temperatures.
- WHO:** Mark Seaburg, MD, Park Nicollet Internal Medicine, is an expert on staying active in extreme heat. He is also a veteran of more than 70 marathons. Dr. Seaburg uses his personal experience and professional expertise to provide important tips on how to stay safe in hot weather.
- WHEN:** Thursday, August 13th, select times
- WHERE:** Park Nicollet Clinic—Minneapolis
2100 Blaisdell Avenue South
Minneapolis

**To arrange an interview, call Steve McCarthy at 952-993-6726
or page 952-231-5029.**