

Breastfeeding and OB shopping list

Items available at:

Health & Care Store and Pharmacy locations: Full list of store locations and hours on back

Online catalog and ordering: parknicollet.com/stores

Telephone orders: 952-993-2662

All products on this shopping list have been recommended for you by clinicians at Park Nicollet.



Rental breast pumps

- Medela Symphony
- Medela Lactina

Breast pumps

- Medela Pump In Style
- Medela Pump In Style Advanced
- Medela Pump In Style Advanced Backpack

Maternity and breastfeeding accessories

- Breast pump pieces and parts
- Creams and lotions
- Nipple shields
- Bra pads
- Donut pillow
- Breastfeeding pillow
- Nursing foot stool
- Maternity/nursing bras
- Sitz bath
- Peri bottles
- V2 supporter
- Prenatal cradle supporter
- Compression stockings
- Receiving blanket (original hospital blanket)
- Nuk (original hospital nuk)
- Wrist brace
- Gymnic ball
- Mother-to-be lumbar corset
- Abdominal belt
- Massage tools
- Other

Maternity and Breastfeeding books

- What to Expect When You're Expecting*
- Planning for Pregnancy and Birth*
- Other



Try to avoid medications during your first trimester; however all over-the-counter medications listed below are approved by the Park Nicollet Ob/Gyn Function Committee for use in all three trimesters.

- Benadryl
- Sudafed
- Chlortrimeton, Zyrtec or Claritin
- Acetaminophen (extra strength and PM)
- Riopan, Digel, Maalox, Tums, Mylanta
- Pepcid and Zantac
- Robitussin and Robitussin DM
- Actifed
- Kaopectate
- Immodium
- Unisom and Vitamin B-6 (>100mg/day for nausea)
- Saline nasal spray
- Afrin spray
- Milk of Magnesia, Metamucil or Fiber-Con
- Any throat lozenge or cough drop

Store locations and hours

Health & Care Store

Park Nicollet Clinic—Burnsville
952-993-8474

Mon. – Fri. 9 a.m. to 5 p.m.
Closed 12:15 p.m. to 1 p.m.

Park Nicollet Clinic—Chanhassen
952-993-4434

Mon. – Fri. 7:30 a.m. to 5:30 p.m.

**Park Nicollet Clinic—Meadowbrook (Methodist
Hospital campus, St. Louis Park)**
952-993-3121

Mon. – Fri. 8 a.m. to 5 p.m.

Park Nicollet Clinic—St. Louis Park
952-993-1330

Mon. – Fri. 7:30 a.m. to 5:30 p.m.

Pharmacy

Park Nicollet Clinic—Bloomington
952-993-2530

Mon. 8:45 a.m. to 6 p.m.
Tue. – Fri. 8:45 a.m. to 5:15 p.m.

Park Nicollet Clinic—Brookdale
952-993-4800

Mon. 8:30 a.m. to 7 p.m.
Tue. – Fri. 8:30 a.m. to 6 p.m.

Park Nicollet Clinic—Burnsville
952-993-8524

Mon. – Fri. 8:30 a.m. to 8 p.m.
Sat. 9 a.m. to 5 p.m.

**Park Nicollet Clinic—Carlson Parkway,
Minnetonka**
952-993-4643

Mon. – Thur. 8:30 a.m. to 8 p.m.
Fri. 8:30 a.m. to 6 p.m.
Sat. – Sun. 9 a.m. to 5 p.m.

Park Nicollet Clinic—Chanhassen
952-993-4430

Mon. – Fri. 8 a.m. to 8 p.m.
Sat. 9 a.m. to 1 p.m.

Park Nicollet Clinic—Eagan
952-993-4004

Mon. – Fri. 8:45 a.m. to 5:15 p.m.

Park Nicollet Heart and Vascular Center
952-993-2310

Mon. – Fri. 8:30 a.m. to 5:30 p.m.

Park Nicollet Clinic—Minneapolis
952-993-8004

Mon. – Fri. 8:30 a.m. to 5:30 p.m.

Park Nicollet Clinic—Minnetonka
952-993-2929

Mon. 9 a.m. to 6 p.m.
Tue. – Fri. 9 a.m. to 5:30 p.m.

Park Nicollet Clinic—Plymouth
952-993-8980

Mon. 8:30 a.m. to 6:00 p.m.
Tue. – Fri. 8:30 a.m. to 5:30 p.m.

**Park Nicollet Clinic—Meadowbrook (Methodist
Hospital campus, St. Louis Park)**
952-993-5764

Mon. – Fri. 8:30 a.m. to 5:30 p.m.

Park Nicollet Clinic—St. Louis Park
952-993-3148

Mon. – Fri. 8:30 a.m. to 9 p.m.
Sat. – Sun. 9 a.m. to 5 p.m.

Park Nicollet Clinic—Shakopee
952-993-7840

Mon. – Fri. 8:30 a.m. to 5:30 p.m.

Park Nicollet Clinic—Wayzata
952-993-8200

Mon. – Fri. 8:30 a.m. to 5:30 p.m.

Health & Care Store return policy

Products can be returned within 15 days of purchase, if not worn or if the product was issued incorrectly. Products that have been worn can not be returned. Please call business services at 952-993-0770 before returning or mailing product to determine refund eligibility.