

# Podiatry shopping list



## Items available at:

*Health & Care Store locations:* Full list of store hours and locations on back

*Online catalog and ordering:* [parknicollet.com/stores](http://parknicollet.com/stores)

*Telephone orders:* 952-993-2662

*All products on this shopping list have been recommended for you by at Park Nicollet.*

## Foot care

- Temporary blue accommodator orthotics
- Tulis heel cups
- Heel protector **red blue**
- Spenco insole
- Spenco  $\frac{3}{4}$  length arch support
- Spenco full length arch support
- Spenco moldable orthotic
- Tubular foam **sm med large**
- Silopad gel digit protector
- Toe separators
- Toe crest pad

## Walking aids

- Roll-a-bout
- Three wheel traveler walker

## Medical bag

- Water resistant protectors
- Over ankle
  - knee height
  - full leg

## Wound care

- Gauze bandage **2" 3" 4"**
- Sterile gauze **2"x 2" 3"x 3" 4"x 4"**
- Micropore tape **1" 2"**
- Microfoam tape **1" 2"**
- Moleskin
- Packing strips plain  $\frac{1}{4}" \frac{1}{2}"$
- Packing strips iodoform  $\frac{1}{4}" \frac{1}{2}"$
- Ortholetic tape **1" 2"**
- Sterile water 250ml
- Saline 1000ml

## Compression wear

- 8-15mmHG **knee thigh panty**
- 15-20mmHG **knee thigh panty**
- TEDs **knee thigh**
- Sensifoot cotton sock **crew knee**
- Stocking donner
- It stays
- other \_\_\_\_\_

## Skin care

- AmLactin **lotion cream**
- Cavilon **lotion emollient**

*Please call your insurance company to verify what your coverage is for custom orthotics.*

Park Nicollet maintains stores to offer convenient, comprehensive, provider-recommended products, but patients may choose to receive them from other sources.

## Store locations and hours

**Park Nicollet Clinic—Burnsville  
952-993-8474**

Mon. – Fri. 9 a.m. to 5 p.m.  
Closed 12:15 p.m. to 1 p.m.

**Park Nicollet Clinic—Chanhassen  
952-993-4434**

Mon. – Fri. 7:30 a.m. to 5:30 p.m.

**Park Nicollet Heart and Vascular Center 952-993-2323**

Mon. – Fri. 7:30 a.m. to 5 p.m.

**Park Nicollet Clinic—Meadowbrook (Methodist Hospital campus, St. Louis Park) 952-993-3121**

Mon. – Fri. 8 a.m. to 5 p.m.  
Sat. 9 a.m. to 1 p.m.

**Park Nicollet Clinic—St. Louis Park 952-993-1330**

Mon. – Fri. 7:30 a.m. to 5:30 p.m.

**Return policy**

Products can be returned within 15 days of purchase, if not worn or if the product was issued incorrectly. Products that have been worn can not be returned. Please call business services at 952-993-0770 before returning or mailing product to determine refund eligibility.