

Methodist rehab shopping list



Items available at:
Health & Care Store locations: Full list of store locations and hours on back
Online catalog and ordering: parknicollet.com/stores
Telephone orders: 952-993-2662

All products on this shopping list have been recommended for you by clinicians at Park Nicollet.

Exercise

- Gymnic ball 55 cm 65 cm 75cm
- Repcords different strengths: yellow, red green, blue
- Repcord handles Theraband
- Theraband: yellow, red, blue, green, black
- Door anchor Theraband
- SI belt sm, med, large B & C or SI-Loc
- Traction overdoor shoulder pulley blue or black handle
- Traction cervical w/repro HH
- Cover roll tape
- Leuko-P tape
- Vinyl coated weights 1lb - 10lb
- Pedometer
- Heart rate monitor
- Other _____

Pillows/Cushions

- Half roll
- Tri-Core pillow
- Back cushion with board or without board
- Posture curve
- Cervical blue roll
- Other _____

Cold Packs

- Chattanooga neck
- Massage Cryocup
- Tri-sectional
- Hot/Cold Cor-Pack
- Other _____

Massage

- Index nobber
- Theracane
- Jacknobber
- Other _____

Orthopedics

- Stabilizer knee patellar with lateral strap
- Stabilizer knee with strap
- Tennis Elbow neoprene support
- Tennis Aircast elbow support
- CMO wraparound knee
- Chopat strap
- Other _____

Books/CDs

- Treat Your Own Back
- Treat Your Own Neck
- Managing Back Pain
- Save Your Back
- For Your Neck
- Other _____

Compression wear

- Adhesive: It Stays
- Stocking donner
- Other _____

Foot care

- Heel cup Tulus Plastic hard
- Tuli gel heel cups
- Heel cushions
- Heel lift
- Accomodator temp orthotic
- Other _____

Store locations and hours

Burnsville 952-993-8474

Mon. – Fri. 9 a.m. to 5 p.m.

Closed 12:15 p.m. to 1 p.m.

Chanhassen 952-993-4434

Mon. – Fri. 7:30 a.m. to 5:30 p.m.

Heart and Vascular Center 952-993-2323

Mon. – Fri. 7:30 a.m. to 5 p.m.

St. Louis Park (Meadowbrook) 952-993-3121

Mon. – Fri. 8 a.m. to 5 p.m.

St. Louis Park 952-993-1330

Mon. – Fri. 7:30 a.m. to 5:30 p.m.

Return policy

Products can be returned within 15 days of purchase, if not worn or if the product was issued incorrectly.

Products that have been worn can not be returned. Please call business services at 952-993-0770 before returning or mailing product to determine refund eligibility.