Clinical Diabetes Management for Primary Care Clinicians

Dates
Thursday and Friday  Thursday and Friday  Thursday and Friday

Location
Naegele Auditorium
Park Nicollet Clinic—St. Louis Park
3800 Park Nicollet Blvd.
St. Louis Park, MN 55416
(View map and directions)

About the program
Diabetes is a very common and serious disease. New diabetes therapies and technologies are expanding dramatically and evidence-based guidelines are continually changing, making management more challenging. Keeping current with the latest therapies for the management of diabetes and related comorbidities is difficult and time consuming.

Primary care clinicians are increasingly responsible for diabetes management and education. This requires extensive knowledge of the natural history of diabetes and recommended treatment options, as well as the ability to teach patients how to successfully manage their disease. Given the complex and diverse nature of diabetes, education on evidence-based practice guidelines and protocols are vital to a physician’s ability to effectively treat patients.

This program uses lectures and interactive learning activities based on the latest research and clinically proven therapies. With an emphasis on application, this comprehensive program for medical professionals includes practice-based case studies and breakout sessions on specialized topics. This program will give providers increased knowledge, skills and confidence, and provide tools to manage this complex chronic disease.

Tuition
Physicians $575; other professionals $475; residents $300. Includes continental breakfast, lunch and refreshments. An electronic syllabus will be available for download prior to the conference. Participants have the option of purchasing a printed syllabus for $40 when registering. See registration form.

Register online:  March 2-3, 2017  June 1-2, 2017  October 12-13, 2017

Printable registration form

Contact us with questions or to register
Phone: 952-993-3531
Toll-free: 1-888-786-3119
Fax: 952-993-3033
E-mail: cme@parknicollet.com
Program objectives
Following this course, participants will be able to:

- Discuss the underlying defects and natural history of diabetes and associated complications
- Evaluate noninsulin diabetes therapies and identify principles for selecting, combining and advancing therapies
- Initiate insulin therapy based on patient assessment and adjust insulin dose based on pattern management or using diabetes technologies
- Modify diabetes management for the elderly and those with depression and anxiety
- Develop strategies to improve adherence to diabetes self-management activities such as healthy eating, weight management and glucose monitoring
- Outline a systematic approach for management of diabetes-related complications
- Identify ways to improve medication affordability
- Implement at least two practice changes into patient care

Who should attend?
This program is intended for primary care physicians, nurse practitioners, physician assistants and pharmacists.

Accreditation
HealthPartners Institute is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, HealthPartners Institute, designates this live activity for a maximum of 13 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

This program has been approved by the Minnesota Board of Pharmacy and is acceptable for 13 hours. The program number assigned to this course is: 2-086-264-010.

It is the responsibility of each participant to determine if the program meets the criteria for licensure or recertification for their discipline.
Tentative Agenda (subject to change without notice)

Day 1 (Thursday)
7:30 a.m.  Registration and light breakfast
8:00       Welcome and announcements
8:15       Diabetes Management Today
9:15       Medical Nutrition Therapy for Diabetes
9:45       Commonly Asked Nutrition Questions
10:15      Refreshment break
10:45      Navigating the Maze of Noninsulin Therapies
Noon       Lunch
1 p.m.     Starting and Titrating Insulin Therapy
2:00       Strategies to Make Diabetes More Affordable
2:30       Improving Your Diabetes Outcomes
3:15       Refreshment break
3:30       How Diabetes Affects Sexual Health
4:00       Kidney Disease and Diabetes
4:45       Adjourn

Day 2 (Friday)
7:45 a.m.  Light breakfast
8:00       Adjusting Diabetes Care for the Elderly and During Transitions of Care
8:45       Glucose Pattern Management
9:30       Refreshment break
10:00      Cardiometabolic Risk: Targeting Hypertension
10:45      Ask the Endocrinologist
11:45      Lunch
12:30 p.m. Breakout Session (choose one):
A.  Screening for Depression and Anxiety in Diabetes
B.  Assessment of the Diabetic Foot and Treatment of Painful Neuropathy
C.  Practice Glucose Monitoring and Saline Injection Technique
1:15       What a Primary Care Physician Needs to Know about Insulin Pumps and Continuous Glucose Monitoring
1:45       Options for the Overweight Patient
2:45       Cardiometabolic Risk: Targeting Lipids
3:30       Adjourn
Faculty and planning committee

Kyle Abben, DPM
Anders Carlson, MD
Kristin Christiansen, MD
Amy Gannon, PharmD
Patrick Hadorn, MD*
Teresa Kleinschmidt, MS, LMFT
Janet Lima, MPH, RN, CDE
Thomas Martens, MD*
Teresa Quinn, MD
Diane Reader, RD, LD, CDE*
Laura Ross, PA-C
*Planning committee

Kathryn Schulz, APRN, CNP*
Lisa Sheldon, PharmD, BCACP
Gregg Simonson, PhD*
Jeremy Springer, MD*
David Tridgell, MD
Jennifer Vesely, MD
James Wheeler, DO
Anthony Woolley, MD
Angela Youngdahl*

Cancellation and refund policy
Substitutions are accepted at any time. A $50 administrative fee is applied to all cancellations made before the start of the program. Refunds are not given after the program has started. In the unlikely event the program is canceled, International Diabetes Center is not responsible for airfare, hotel or other costs incurred by participants.

Course location and facility
This conference will be held in the Naegele Auditorium on the seventh floor of Park Nicollet Clinic & Specialty Center at 3800 Park Nicollet Blvd., St. Louis Park, Minnesota, conveniently located at the northeast intersection of Highway 100 and Excelsior Blvd. Follow the signs off Excelsior Blvd. to park in the free parking ramp.

A map will be sent with your confirmation letter.

Please note that our conference facilities are not equipped for infants and children. We ask that you make arrangements for childcare.

Hotel arrangements
Contact any of these conveniently located hotels:

- **Marriott Residence Inn**
  3400 Edinborough Way
  Edina, MN 55435
  952-893-9300

- **Holiday Inn Express**
  6051 Golden Hills Dr.
  Golden Valley, MN 55416
  763-545-8300

- **Homewood Suites**
  5305 Wayzata Blvd.
  St. Louis Park, MN 55416
  952-544-0495

*Note: These hotels offer special IDC/Park Nicollet rate and include shuttle. Attendees are responsible for all travel, hotel arrangements and expenses.
Select your preferred date (Thursday and Friday):

- March 2–3, 2017
- June 1–2, 2017
- October 12–13, 2017

Name: ____________________________________________
(including credentials, as you want them to appear on your name badge)

Organization: ____________________________________________

Business address: ____________________________________________

City: ___________________________ State: ________ ZIP: ______________

Business phone: ___________________________ Fax: ___________________________

Email: ____________________________________________

Dietary requirements or special needs: ____________________________________________

Tuition and syllabus
Physicians $575; other professionals $475; residents $300. Tuition includes continental breakfast, lunch and refreshments. An electronic syllabus will be available for download prior to the conference. Participants have the option of purchasing a printed syllabus (check the box).

- Include a printed syllabus for an additional $40.

Breakout session
Write in the letter of the breakout session you want to attend on Friday.

Payment
- Check (enclosed, payable to International Diabetes Center)
- Visa
- MasterCard
- Discover
- American Express

Credit card number: ___________________________ Expiration date: __________

Cardholder name (please print): ____________________________________________

Cardholder signature: ____________________________________________

Registration
If you are registered, check in and pick up your name badge and program materials the morning of the program. New registrations will be allowed on-site, as space permits, and must include payment.

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Location
Naegele Auditorium
Park Nicollet Clinic & Specialty Center – St. Louis Park
3800 Park Nicollet Blvd., 7th Floor North
Minneapolis, MN 55416
Hwy. 100 to Excelsior Blvd.; east to Park Nicollet Blvd. (across from Miracle Mile Shopping Center). Turn left into clinic and follow signs, going straight and then left to parking ramp. Parking is free, or, Hwy 169 to Excelsior Blvd.; east about three miles to Park Nicollet Blvd. Turn left into clinic and follow signs, going straight and then left to parking ramp. Parking is free.