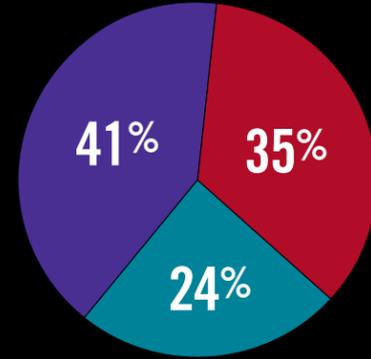


## 2011 GIVING SUMMARY



**41%**  
\$1,255,294  
Patient and family experience  
and enhancements

**35%**  
\$1,096,324  
Community outreach  
and initiatives

**24%**  
\$744,453  
Innovation and research

## YOU HAVE HELPED.

On these pages you will see stories and charts that highlight successes in some of the many programs supported by Park Nicollet Foundation.

But the real story is about you. With your gifts, you have changed lives.

At Park Nicollet Foundation, we use philanthropy to enhance the patient and family experience, promote innovation and research, and respond to the healthcare needs of our community.

In 2011, we distributed nearly \$3.1 million to support these goals. Because of your gifts, we have been able to provide:

- No-charge healthcare to 5,000 children at our four community clinics
- Grief support and education to more than 450 students who have lost a loved one
- Patient-centered services such as music therapy, support groups and nutrition education
- Enhanced access for children needing immunizations in 25 area school districts
- Research to improve patient care and treatment options

Because of you, our patients and our community are stronger and healthier. Thank you for being our partner in **changing lives, together.**

### Park Nicollet Foundation 2011 highlights

- Made 184 grants to Park Nicollet Health Services and community organizations
- Received input from more than 1,100 community leaders in the Community Health Needs Assessment
- Raised more than \$300,000 for programs and services at the 2011 Celebration for Life Gala

NONPROFIT ORG.  
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**PAID**  
Park Nicollet  
Health Services

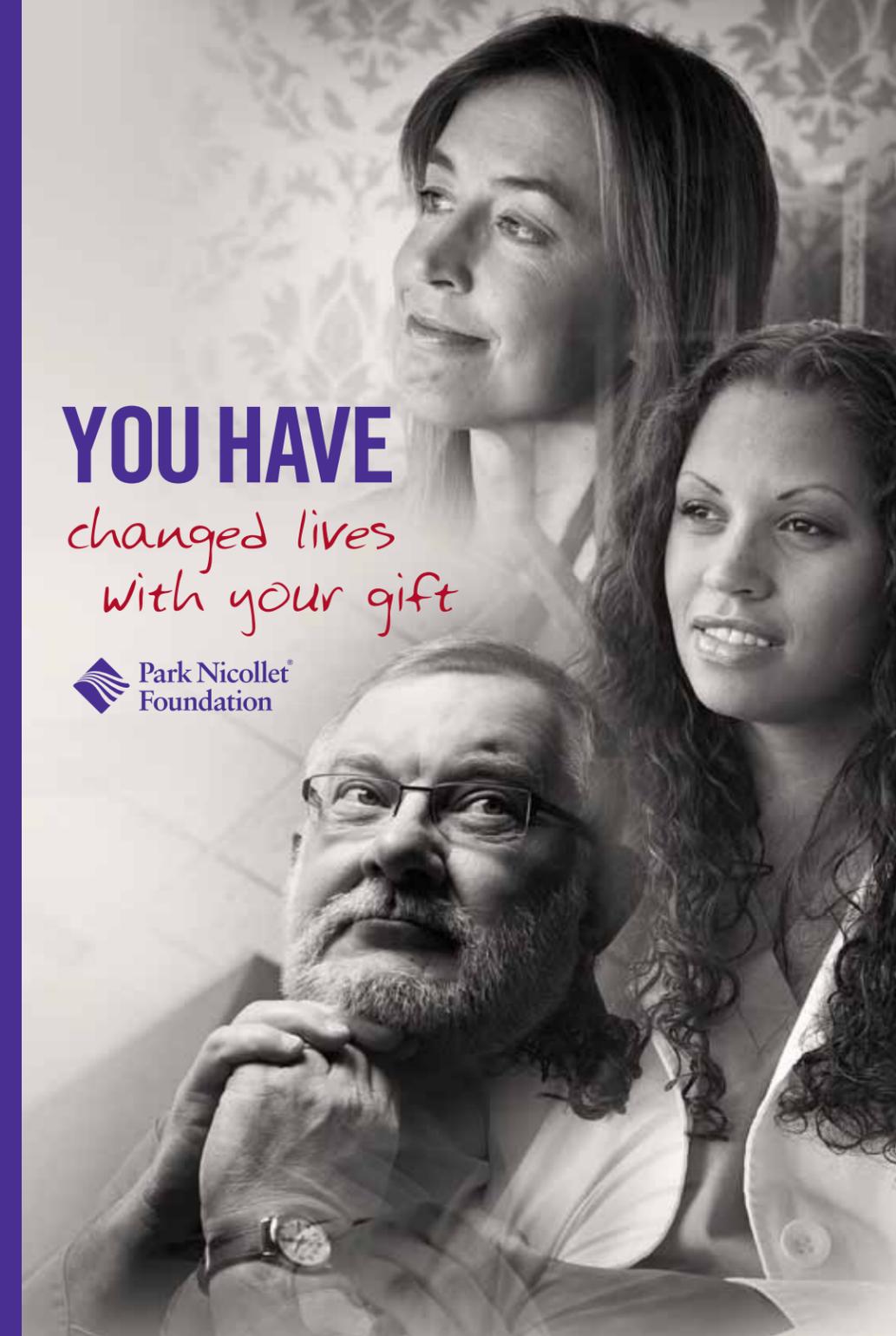
 Park Nicollet  
Foundation

Park Nicollet Health Services  
Park Nicollet Foundation  
6500 Excelsior Blvd.  
St. Louis Park, MN 55426

CHANGING LIVES, TOGETHER

**YOU HAVE**  
*changed lives  
with your gift*

 Park Nicollet  
Foundation



The patient gown is a flimsy piece of cloth with an open back that causes **embarrassment** for patients and families. "Have you ever tried to tie one of those gowns yourself?" asks Dean Buresh, a member of the Park Nicollet Patient and Family Partnership Council. He describes the gowns as "humiliating." Well, we decided that **patients deserve better!** Park Nicollet Foundation sponsored a design competition to create a new gown that puts the needs of the patient first. University of Minnesota students Linsey Gordon and Silvia Guttmann designed the winning gown. The **new design** will be commercially developed and soon put into use with our patients. Thanks to you, patients can count on comfort and **dignity** in their care.



**YOU HAVE** innovated

7

Brad's insomnia was caused by the **fear** that followed a violent beating from his father. Fortunately, he was referred to **Caring for Healthy Minds**, a free mental health clinic provided at his school by Park Nicollet Foundation. He was treated for the post-traumatic stress disorder that had overtaken his life. With counseling and medical therapy, Brad began to see **hope** in his future. And when he took up pottery, he found his calling. "Making pottery feels like meditating," says Brad, who is on the road to **healing**. Thanks to you, Caring for Healthy Minds helps Brad and many others reclaim their **future**.



**YOU HAVE** reached out



**YOU HAVE** enhanced treatments



Adam's parents were **worried** when they learned he has diabetes. But Adam doesn't let diabetes slow him down. He stays on track with the help of his great care team at Park Nicollet. Working with our endocrinologists and certified diabetes educators, Adam takes advantage of the latest advances to stay healthy. This **patient-centered**, team-based model of care was pioneered by Park Nicollet **International Diabetes Center**. But unfortunately, it is not available everywhere. Thanks to you, Park Nicollet is translating **new research** into clinical practice and discovering **innovative** ways to use technology to improve diabetes care. Because we want to help more patients like Adam **thrive**.

