Struthers Parkinson's Center COMMUNITY IMPACT REPORT

At **STRUTHERS PARKINSON'S CENTER**, our experienced staff uses a team-based approach to provide specialized Parkinson's care – physical, social, emotional and spiritual. Our goal is to improve quality of life at every stage and help people live well with Parkinson's disease.

2013 HIGHLIGHTS

Hosted a monthly art café, a free event featuring a variety of topics designed to foster creativity, explore new ideas and offer opportunities for new learning. Over the past year, the arts café has featured musicians, artists, writers and other creative performers.

Joined with other organizations in the region to sponsor a Victory Summit conference, a day long educational event attended by over 700 people with Parkinson's, family members and health professionals.

Collaborated with community artists in the Club CREATE therapeutic day program to offer creative arts experiences to clients. In 2013, philanthropy helped to fund visits from Kairos Dance Theatre, Minnesota Landscape Arboretum, Artsy Smartsy and Animal inspirations LLC.

Surveyed 1,500 patients and their care-partners to understand the unique oral health needs of people with Parkinson's disease.

DONORS MAKE IT HAPPEN

Gifts from our donors help us provide transformational care. Contributions support:

- Creative expression classes to help patients live well with Parkinson's
- Clinical research for Parkinson's disease treatments
- Specialized training for professional caregivers so they can recognize the unique needs of patients with Parkinson's disease
- Education and support groups, especially for patients and families outside of the Twin Cities metro area where Parkinson's resources are scarce
- Training for community exercise leaders, because regular physical activity can improve the symptoms of Parkinson's disease

As many as:

60,000

Americans are diagnosed with Parkinson's disease each year.

This number is expected to rise as the population ages and lives longer.

90 Parkinson's disease support groups

across 5 states in the Upper Midwest

As a National Parkinson Foundation Center of Excellence, the Struthers Parkinson's Center continues to offer resources and support approximately 90 Parkinson's disease support groups throughout the five state Upper-Midwest service area.

