

WHAT'S HAPPENING

At Park Nicollet



NEW CENTURY SESSIONS: CHASTITY BROWN WITH BBGUN

FRIDAY, JULY 25 | 7:30 P.M.

New Century Theatre,
Minneapolis

As partner and lead sponsor for this original concert series, Park Nicollet is excited to provide a venue for artists to share their inspiration, music and stories. The New Century Theatre offers an up-close and personal experience. It's the perfect place to showcase the songs and stories of big local artists – and demonstrate that music has the ability to comfort, heal, connect, support and inspire.

Purchase tickets online at hennepintheatretrust.org/sessions, in person at the New Century Theatre box office (no fees) or by calling 1-800-982-2782.



EXPANDED SERVICES IN BURNSVILLE

- Our new **CT/MRI imaging center** is open Monday through Friday, 8 a.m. to 9 p.m., and Saturday 8 a.m. to 5 p.m.
- **Physical Therapy** now offers baseline concussion testing (*pre and post*)
- **ENT appointments** are available five days a week

FREE VARICOSE VEIN SCREENING

If you're bothered by visible, bulging veins in your legs that cause pain, swelling or cramping, Park Nicollet Vascular Surgery may have the answer. Our board-certified surgeons will inspect your legs and recommend a potential course of action, including the latest, minimally invasive surgical procedures.

Call **952-993-2651** for details and to schedule your free screening.

SUPPORT PARKINSON'S CARE

Join Struthers Parkinson's Center for two exciting fundraising events this summer.

Silverstein Awards Dinner
June 12 | Golden Valley Country Club

Golf and Bridge Challenge
July 7 | Minikahda Country Club, Minneapolis

parknicollet.com/foundation/events
952-993-5023

20 NEIGHBORHOOD CLINICS

Bloomington ◯ 952-993-2400
Brookdale* ◯ 952-993-4900
Burnsville* ◯ 952-993-8700
Carlson Parkway* ◯ 952-993-4500
Champlin* 952-977-0500
Chanhasen* ◯ 952-993-4300
Creekside 952-993-7700
Eagan ◯ 952-993-4001
Golden Valley 952-993-8300
Lakeville 952-993-8800
Maple Grove* ◯ 952-993-1440
Minneapolis ◯ 952-993-8000
Plymouth 952-993-8900
Prairie Center 952-993-7400
Prior Lake 952-993-7750
Rogers 952-977-0300
St. Louis Park* ◯ 952-993-1000
Shakopee 952-993-7750
Shorewood 952-993-2900
Wayzata ◯ 952-993-8250

- * Walk-in urgent care offered seven days a week
- ◯ Pharmacy location

PRODUCT SPOTLIGHT



It's sandal season! Pure Factory Naturals' Flip Flop Foot Repair stick is a quick fix for rough, dry feet. Plus, it's paraben free and comes in four summery scents.

Available in all our Health & Care stores and at shop.parknicollet.com.

NEW CLINICIANS

CHANHASSEN

Steven Soneral, DO
Family Medicine

EAGAN

Tania Kelly, MD
Pediatrics

GOLDEN VALLEY

Jennifer Vesely, MD
Family Medicine

LAKEVILLE

Julia Malnati, PA-C
Family Medicine

MAPLE GROVE

Charles Williams, RN, ANP
Internal Medicine-Pediatrics

METHODIST HOSPITAL CAMPUS

Dianne Bonner, PA-C
Neurosurgery

Kathryn Moore, MD
Oncology

Kristen Olson, FNP
Gastroenterology

Lauren Shearen, NP
Vascular Surgery

MELROSE CENTER

Carmen Jacobson, PA-C

PLYMOUTH

Mohammad Fareed, MBBS
Family Medicine

ST. LOUIS PARK

John Fenyk, MD
Dermatology

Susan Holt, MD
Dermatology

MARATHONS OF HOPE

Sept. 6 | Thomas Beach,
Lake Calhoun, Minneapolis

This 5K/10K run, walk, bike or blade raises funds for Frauentshuh Cancer Center's educational, therapeutic and outreach programs.

Visit parknicollet.com/foundation/events to learn more.

GROUPS AND CLASSES

Bariatric surgery information sessions

Dates and locations vary

Park Nicollet Bariatric Surgery Center provides weight-loss surgery and follow-up care for those struggling with severe obesity. This free session is a complete overview of all bariatric surgery options offered by Park Nicollet. For more information, call **952-993-3454**.

Meet the midwives

July 22

6:15-7:15 p.m. | Methodist Hospital

Learn about the options Park Nicollet Certified Nurse Midwives provide for prenatal care and child birth. For more information, call **952-993-3528**.

Cholesterol basics

Dates vary

Burnsville, Chanhasen and St. Louis Park clinics

This two-session class is designed to promote healthy eating and activity habits for those with elevated cholesterol. \$40. For more information, call **952-993-3454**.

Family Birth Center tours

Tuesdays and Saturdays

Expectant parents are invited to tour the Family Birth Center at Methodist Hospital. Free tours are offered twice weekly. For more information, call **952-993-3454**.



SUMMER SAVINGS!

20% OFF ONE
NON-PRESCRIPTION ITEM

Redeemable at shop.
parknicollet.com
or at any of Park Nicollet's
four Health & Care stores
or 11 pharmacies.

Use discount code
PARKNIC9 at checkout



Offer not valid on prior purchases or with any other offers or discounts. Limit one coupon per person. Other restrictions may apply.

New moms support group

Second and fourth Mondays
12-12:45 p.m. | St. Louis Park Clinic

If you've been feeling sad, anxious or overwhelmed since the birth of your baby, you're not alone. Connect with other new moms at this free drop-in support group, facilitated by experienced therapists. For more information, call **952-993-3307**.

Pre-diabetes class

Dates vary
Burnsville, Eagan and St. Louis Park clinics

If you've been diagnosed with pre-diabetes, this class will help you understand lifestyle changes to prevent the development of diabetes and community resources for ongoing management. \$20. For more information, call **952-993-3454**.

Advanced care planning class

Dates and locations vary

These group classes will teach you how to select a health care agent, initiate a family conversation and complete a health care directive. For more information, call **952-993-8250**.



HEALTH CARE ON YOUR SCHEDULE

We know you're busy. That's why more Park Nicollet Clinic locations offer walk-in and same-day appointments, plus evening and Saturday care. Call your clinic and ask about expanded hours.