# Methodist Hospital Hospice 2023 Impact of Giving

Our mission is to improve the health and well-being of patients, families and communities through partnerships and philanthropy.



For more than 35 years, Park Nicollet Methodist Hospital Hospice has been providing compassionate and meaningful care to patients who have a life-limiting illness or are dying.

At home, in the hospital, in long-term care facilities, and in residential hospice, donor and volunteer generosity sustain a variety of programs that provide patients and families with peace, comfort, and dignity at an important time in life.

#### 2,365

hours of care and service to support hospice patients and families by **59** specialty-trained hospice volunteers

6,935

integrative therapy visits provided

1,107

hospice patients cared for

103,329

days of hospice care support to patients

403

veterans supported through the Henry B. Melrose Veterans Honor Program

#### Henry B. Melrose Veterans Honor Program



The Park Nicollet Foundation Henry B. Melrose Veterans Honor Endowment Fund was established in 2017 to give thanks to our veterans, and provide support items and services to ensure dignity at the end of their lives.

#### What your gift means to veterans

#### A token for Frank

Frank\* had worked very hard at maintaining sobriety, and his daughter Ann\* wanted to purchase him a sobriety



token to honor his achievement. With help from the Henry B. Melrose Veterans Honor Program, the token was purchased and shipped overnight for a ceremony with family to honor Frank's sobriety before his death.

#### Can you hear me now?

Living with severe hearing loss, Pat\* had become accustomed to asking people to repeat themselves and



would become frustrated when he wasn't able to hear what someone was saying. Struggling to carry on full conversations, he would often disengage with those around him. But after the Henry B. Melrose Veterans Honor Program purchased a pocket talker for him, his mood improved to

the point of elation. Not only could Pat enjoy his favorite TV shows, but he cried tears of joy when, for the first time in years, he was able to participate in conversations.

## You make all the difference

2023 Annual Report

## **Methodist Hospital Hospice**

Thanks to the generosity of our volunteers and donors in 2023, our hospice teams were able to provide patients in hospice and their families with compassionate, specialized, and personalized care to help them live with peace, dignity, and comfort as they faced end of life.

Because reimbursement and private insurance is insufficient to cover the wide range of essential services that people need at the end of their lives, we are grateful for the support from our generous community.

#### Patient and family experience

#### Integrative therapies

6,935

integrative therapy visits provided—including massage, spiritual care, and music therapy—to ease patients' anxiety and symptoms, and to improve quality of life.

## Veterans supported 403

veterans supported through the Henry B. Melrose Veterans Honor Program, which provides gratitude to our veterans in hospice.

#### Nancy Gelle Hospice Patient Special Needs Fund

196

patients and families supported with equipment, medications, and transportation by the Nancy Gelle Hospice Patient Special Needs Fund.

#### **Caring for Jim**



As a veteran, Jim\* was able to move into a VA-contracted facility when he required a higher level of care. Sadly, he didn't have anyone who was able to clear out his apartment and storage locker, nor was he able to afford to hire movers. But much to Jim's relief, the Henry B. Melrose

Veterans Honor Program paid for a moving company to clear out his storage locker and move his belongings.

#### **Caring for Carl**

As a veteran, Carl\* was eligible to move into a VA-contracted facility. But the facility that had available openings was an hour and a half away from his daughter, Sheila\*—his only family. Thankfully, the Henry B. Melrose Veterans Honor Program was able to give Sheila a gas card to help cover her significant fuel expenses. And, despite the distance, Sheila was able to make the drive every other evening, so she and her father were able to share special time together before his death.

\*Names changed for privacy

#### **Community partnership**

#### In-kind support

In-kind meal donations were provided by Park Tavern in St. Louis Park to help show gratitude for our health care teams.



#### **Grief education**



#### 896

patients, bereaved family members, and members of our community were provided grief education and support services through in-person and virtual support groups and classes.



#### 31,820

children, families, and school staff supported through our Growing Through Grief program.

Growing Through Grief provides in-school, weekly grief support and education to children who have lost a family member or friend. Group sessions,

one-to-one counseling, and death-related crisis response is provided in our partnering school districts.

In 2023, GTG supported 125 public schools in 16 partner school districts, supporting 31,820 children, families, and school staff.

#### **Volunteer services**



### Trained volunteers

2,365

hours of care and service to support hospice patients and families by **59 specialty-trained hospice volunteers.** 



To learn more about the impact of your support, visit: parknicollet.com/impact

Park Nicollet Foundation is a 501(c)3 organization. Your gift to the Foundation is tax deductible as allowable by law.

