

Park Nicollet Foundation works to improve the health and well-being of patients, families and communities through partnerships and philanthropy.

Frauenshuh Cancer Center

Park Nicollet Frauenshuh Cancer Center's world-class treatment facility works to heal the body, mind and spirit through exceptional medical care and integrative therapies. Our non-moving patient model brings care and services directly to our patients in their own rooms, helping them to conserve energy to do the things that are important to them.

The comfort and care patients and families need to face a cancer diagnosis go far beyond any treatment plan or medical intervention. It requires caring for the whole patient and their family by supporting the mind, body and spirit. But, this vital integrative care is traditionally not covered through insurance. The generosity of our donors and volunteers in 2018 gave patients the care and support they needed to face the physical and emotional aspects of cancer.

Four years ago, you joined us as we embarked on a vision to expand the Park Nicollet Frauenshuh Cancer Center and survivorship programming. Together, 125 donors raised more than \$4 million to meet the demands of our growing patient volumes and to continue to bring high quality innovative programming to our community. Fully funded through your generosity, we added 12 additional private treatment rooms and a community treatment area with six semi-private bays. Open since May, this new space made it possible for us to treat 2,400 more patients.

You Make it Happen



"My wife and I looked forward to traveling after retirement, but when she was diagnosed with lung cancer everything changed. We were together through every doctor visit and treatment. Unfortunately, she passed away six months later.

"A comment from her kind doctor gave me a lifeline. A way to channel my grief. He said Park Nicollet oncology could use someone like me as a volunteer. Volunteering gave me a reason to get out of bed and to honor my wife. I talk to patients and their families during the scary time of diagnosis. We laugh or cry together and just share our experiences.

"A few years ago, when I was diagnosed with non-Hodgkin's lymphoma, I knew I would receive the best care at Frauenshuh. Today, I'm in remission and back volunteering. I have more reasons to relate to patients. I tell them I'm not only a family member, I am a patient too. I see something different in their response to me, now. They see I made it through, so maybe they can too."

-Gary, Frauenshuh Cancer Center patient, caregiver, volunteer and donor



MORE THAN
25,308
PATIENT VISITS



2,840
NEW PATIENTS



63
VOLUNTEERS SUPPORTED
OUR PATIENTS
AND THEIR FAMILIES

Thanks to the generosity of our donors and volunteers in 2018, Park Nicollet Frauenshuh Cancer Center patients and families had the comfort and care they needed to face the physical and emotional aspects of cancer.

2018 Highlights

Patient & Family Experience

- Provided “Your Care Guide for Living with Cancer,” a resource book collaboratively developed by our Frauenshuh Cancer Center Patient Advisory Board and Cancer Center leaders to give patients the resources to support them throughout treatment.
- Sponsored more than 2,998 integrative therapy appointments, including healing touch, massage, reflexology, music therapy and acupuncture. These help patients manage pain, nausea, neuropathy, depression and anxiety associated with cancer.
- Patient emergency special needs vouchers supported specialized equipment, supplies and transportation for 42 patients.

Research & Innovation

- Continued a quality improvement project to identify the prevalence of diabetes and pre-diabetes in oncology patients in partnership with Park Nicollet diabetes programs. The results of the study will be used to identify and address diabetes-related complications before they occur.
- Created unique and tailored survivorship health reports integrated into patients’ electronic medical records and accessible by health care providers across our care system. Report helps plan strategies for future patient health needs and connect to additional resources.

Community Partnerships

- Hosted a survivorship celebration event and butterfly release in Sandra’s Garden of Hope for more than 350 cancer survivors and their families. 20 volunteers generously donated time and support to make this event possible.
- Sponsored Pathway’s Renewing Life Program, an intensive 8-week program for individuals living with cancer that helps develop life-affirming attitudes and new life perspectives for people new to cancer survivorship. Also, supported the Intentional Living Program for long-term cancer survivors to renew their commitment to living in a life affirming and intentional way.
- Marathons of Hope, a 5K/10K run, walk, bike or blade event held in September, raised funds for Park Nicollet Frauenshuh Cancer Center’s education, therapeutic and outreach programs.
- Hosted an open house and ribbon cutting for the new first-floor Frauenshuh Cancer Center expansion space. Activities included 158 free skin cancer screenings, education on well-being, early detection and cancer prevention topics: radon, colon cancer screening, breast cancer screening, genetics, nutrition and smoking cessation.

Volunteer Services

- 76 volunteers provided 14,730 hours of support to patients with cancer and their families.
- 10 patient advisory board volunteers provided insight into the patient experience that helped shape our care delivery.
- 20 passionate community members served on the Love & Legacy campaign committee to support the first-floor cancer center expansion project and survivorship programming.

To learn more about the impact of your support visit parknicollet.com/foundationimpact



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