

Park Nicollet Foundation works to improve the health and well-being of patients, families and communities through partnerships and philanthropy.

Methodist Hospital Hospice

Park Nicollet Methodist Hospital Hospice provides compassionate and meaningful care to patients who are terminally ill or dying. For more than 30 years, Park Nicollet Methodist Hospital Hospice has cared for patients at home, in the hospital, in long-term care facilities and in residential hospice. The team works to provide families with peace, comfort and dignity during an important time in life.

You Make it Happen



“Hospice is not for the dying – it’s for the living,” said Cassie.

When Cassie and her husband, Bill, sat and listened to the oncology team’s plan for Bill’s treatment, they already knew what they were going to do. Bill wanted to focus on quality of life. He wanted to enjoy his final days at home with his family.

“When we met Bill’s hospice nurse, Jeff, one of first things he asked was, ‘What are your goals?’ Bill wanted to get up to our cabin on the North Shore one last time, celebrate our 60th wedding anniversary, and visit the US Bank Stadium. Hospice helped facilitate all of that. I am grateful hospice got involved so early because without them, I would have panicked.

“Bill passed away at home, surrounded by everyone he loved, in absolute peace. Every step of the way, the hospice team walked with us in the most compassionate way.”

–Cassie



107,675

DAYS OF HOSPICE CARE
SUPPORT TO PATIENTS



1,524

HOSPICE PATIENTS



40

DAYS OF CARE PROVIDED THROUGH
OUR COMFORT CARE BED PROGRAM
IN METHODIST HOSPITAL

Thanks to the generosity of our donors and volunteers in 2018, Park Nicollet Methodist Hospital Hospice was able to give patients and families comfort and dignity as they faced end of life.

2018 Highlights

Patient & Family Experience

- Eased anxiety and improved quality of life by providing integrative therapy visits to hospice patients, including massage, canine and music therapy.
- Provided equipment, medications and transportation to more than 143 patients and families through the Patient Special Needs Fund.
- Distributed more than 1,725 Hospice Care Guides to patients and families. This guide provides information and community resources to help patients and their families navigate their hospice care.
- Provided spiritual support for hospice patients through visits made by the Hospice Chaplain Resident.
- Provided 1,200 medication disposal pouches that are easy to use and safe for the environment.
- Supported 872 veterans through the Henry B. Melrose Veterans Honor Program, which provides for special needs, care and gratitude to our veterans in hospice.



60%

OF HOSPICE PATIENTS
ARE VETERANS

Selected Moments of your Support for Veterans



Purchased a weighted blanket for a veteran experiencing restlessness and anxiety, providing comfort and relief.



Hired a special caregiver for a veteran with Alzheimer's, improving quality of life and safety and providing companionship, which brightened the veteran's last days.

Volunteer Services

- 96 volunteers provided more than 7,870 hours of support to patients in hospice.
- Our Eleventh Hour Companions comforted 8 patients with no family to ensure they were not alone at end of life.
- Volunteer Ralph Post was honored with the Minnesota Network of Hospice and Palliative Care Volunteer of the Year award for 17 years of dedication to hospice patients and families.

Research & Innovation

Using the dollars raised through the Love & Legacy Hospice and Palliative Care campaign:

- 264 chronically ill patients and their families were supported by our Transition Guide Role, who helped them navigate complex care setting transitions – easing stress and providing comfort and coordination.
- 40 days of care were provided through our Comfort Care Bed Program at Methodist Hospital, allowing fragile patients, close to death, to remain in the hospital and avoid transitions in care settings.

Community Partnerships

- Provided grief education and support services through support groups and classes to patients, bereaved families and the community, supporting more than 1,227 people throughout the year.
- Provided in-school grief support through Growing Through Grief to children who lost a loved one. Grief support services were provided in 72 public schools in 13 school districts, supporting more than 520 children each week.

To learn more about the impact of your support visit parknicollet.com/foundationimpact



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